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September 17 - October 1, 2016



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By Emily Sadler

A lot has changed since the last World Cup of Hockey in 2004. With the re-introduction of the best-on-best tournament comes a whole new way to watch it – anywhere you want.

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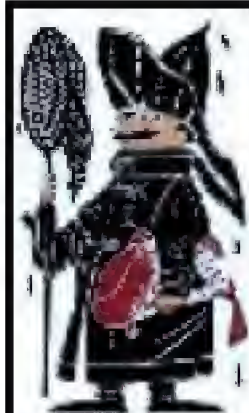
Watch the Way You Want

One of the most intriguing camera angles offered is the Ref Cam, which lets viewers follow the speed and sounds of the game through the eyes and ears of the referee and gives them the best seat in the house for puck-drop. Hockey fans hoping to zero in on the tournament's top players can do so with the Star Cam. Rather than following the puck, the Star Cam focuses on one player throughout a game, allowing viewers to study a skater's every on-ice move, even when they're not in the middle of the play – including Auston Matthews' first strides on home ice at the Air Canada Centre.

The Endzone Cam gives viewers access to the unique perspectives throughout a game, while the Goal Line Cam takes the audience right into the blue-ice action to get a closer look at the best saves and closest calls of the tournament.



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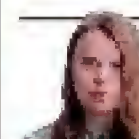


An octopus in the neighbourhood? Unlucky student volunteers Lauren and Ashley will have to tangle with Inglewood's giant cephalopod. AARON CHATHA/METRO

Airbnb on city radar

RENTING

Complaints bubbling, but no regulatory framework



Helen Pike
Metro | Calgary

Amid the cluster of secondary-suite debates, and far from another Uber storm, is a new contender for council time suck: Airbnb.

On Monday, as homeowners got extra personal about their suite requests and concerns, some of the debate turned to bad neighbours, specifically those hosting Airbnb renters. According to one councillor and the city's mayor, the rental model is on the city's radar, and rules around it could be one of the most contentious debates yet.

"This issue is going to be prob-

lematic for our city," said Coun. Richard Pootmans. "Finding the balance between a level of regulation and ensuring a peaceful quiet community for residents, how we find that balance, and a property-rights issue, as well."

Councillors haven't given the city any direction on the matter since the service launched, but Pootmans said the city is now looking into what the appropriate response might be. He said there's no "particular wisdom" one way or the other.

Mayor Naheed Nenshi told reporters it's not a "burning issue" yet but the city is keeping an eye on policy possibilities. He noted licensing or permitting mechanisms are his preferences because ensuring safety is primary. It's an area where other governments have struggled.

One thing firmly on the table, at least for Pootmans, is public consultation and having the city look at whether current bylaws and land uses cover community concerns.

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Plus more marvels at Beakerhead metroNEWS

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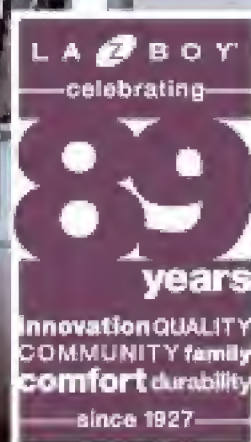


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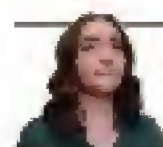




Trees need a home

GREEN SPACE

Many will be uprooted to make way for BRT project



Josie Lukey
For Metro | Calgary

There's a Russian olive tree along 17th Avenue SE that Alison Karim-McSwiney of International Avenue Business Revitalization Zone sees everyday.

Because of the city's estimated \$96 million bus rapid transit project in the area, it could be hers. But with her yard already full, Karim-McSwiney is doing her best to make sure the 370 estimated trees that will be uprooted for the project find a new home — including the Russian olive.

"If we can make it where we can save these trees, then we are making it better for the environment, we're making it better as a green initiative and we can also improve the communities at least by having more trees. It benefits everybody," said Karim-McSwiney.

According to Michael Cox from the City of Calgary, any trees that cannot be relocated or reused will be mulched for green spaces or public parks in the city — something Karim-McSwiney wants to avoid.

"All we care about is making sure that these trees live," she said, adding that trees are important in providing oxygen, beauty and are ultimately good



Alison Karim-McSwiney said she's excited for the new updates planned for International Avenue, especially for the estimated 500 new trees that will give the area a much-needed facelift. JOSIE LUKEY/FOR METRO



All we care about is making sure that these trees live.

Alison Karim-McSwiney

for the environment.

A selection of elm, pine, aspen and oak trees as well as a few shrubs are up for purchase for about \$400 each. Included in the cost, the trees will be

dug-up, wrapped, delivered and re-planted anywhere in the province by a local contractor.

The new landscape design for 17th Avenue SE includes over 500 new trees with only 58 of the uprooted trees to be used in the new design. Also included in the first phase of the BRT project are wider sidewalks, cycling facilities and heated waiting areas.

Construction is set to begin in the fall with an estimated completion in 2018.

"We're hoping within 10 days we will have most of the trees having a home," said Karim-McSwiney. "The longer that they're out the more that they'll dry out, so we need to move very quickly."

Those who purchase trees are being asked to contact Alberta One-Call in order to ensure no underground utilities are buried on their property.

For information about how to purchase one of the trees visit internationalavenue.ca.

1 METRO | Canadian Online Publishing Awards

Metro has been nominated for two Canadian Online Publishing Awards (COPA) for its coverage of traffic fatalities in Toronto and of the Fort McMurray fire in Alberta. METRO

METRO ALBERTA



THE NEW FORT MCMURRAY

Metro Calgary and Metro Edmonton are nominated for Best News Coverage for their reporting of the Fort McMurray fire. When the city of more than 80,000 people had to be evacuated because a wildfire suddenly switched course, Metro provided readers across Alberta the latest information on the developing event. Darren Krause, Metro Calgary's managing editor, coordinated coverage, providing readers with a mix of news and must-know utility information as the fire started to burn down entire neighbourhoods. While most travelled south, Metro Edmonton's managing editor, Tim Querengesser, went north to provide coverage from the scene. Reporters Jeremy Simes, Alex Boyd and Liz Brown recorded the experiences of people fleeing the fire-ravaged city. They included the story of a man who watched his home burn down on his security camera, a 16-year-old girl who fled the city on horseback and a pilot who flew displaced animals to safety. Winners will be announced on Nov. 7 during a ceremony in Toronto.

METRO TORONTO

Metro Toronto received a nomination for Best Article or Series for the Toronto's Deadly Streets series.

Bridging investigative journalism and advocacy, managing editor Angela Mullins and reporter Luke Simcoe produced a series that went beyond the statistics to bring the human impact of road deaths to the fore. Their reporting successfully moved public and political opinion regarding traffic-related fatalities.

James Alvir, interactive producer, built an online tool that helped readers contact their local councillors and agitate for change. Hundreds of readers did just that, and the #TODeadlyStreets hashtag trended on Twitter in Toronto on each of the five days the series ran.



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ALEXANDRU RADITA

Parents can't be found guilty of murder: Lawyer

A lawyer defending two Calgary parents accused of killing their teenage son argued Wednesday they cannot be found guilty of murder.

Emil Radita, 59, and his wife, Rodica, 54, are charged with first-degree-murder in the 2013 death of 15-year-old Alexandru. They have pleaded not guilty.

The teen weighed 37 pounds when he died of starvation and complications from untreated diabetes.

"The only real question this

court needs to answer all centres around intent," lawyer Andrea Serink, said in her final argument.

"You have to be satisfied that the only conclusion is that these individuals intended to have Alex die or intended to put him in circumstances that they knew would result in his death."

Serink said in order to prove first-degree murder, the Crown would have to prove both planning and intent.

"There's no confession ...

There's no evidence that Alex was being held against his will," she said. "You would essentially have to infer that the Raditas are so malicious that they purposely planned and wanted to witness a slow and deliberate death of their son Alex."

She told court that failing to treat his diabetes is not the same as intending to murder. The judge hearing the case should only consider manslaughter or criminal negligence, she said.

"The Crown has not proven

the Raditas formed the specific intent for murder and they should be acquitted of that charge," Serink said.

The trial has heard from medical officials and social workers who were involved with the Raditas from the time Alexandru was first diagnosed with diabetes.

Witnesses have testified the Raditas refused to accept that their son had diabetes and failed to treat his disease until he was hospitalized near death in 2003.

THE CANADIAN PRESS



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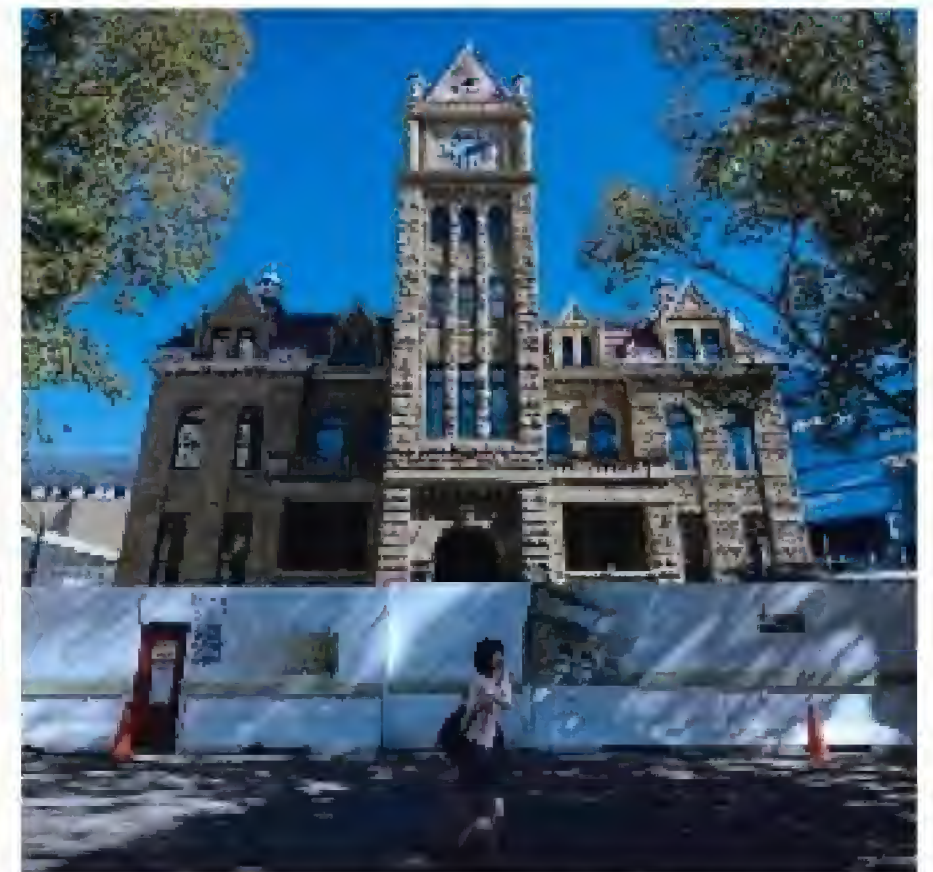
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Historic City Hall is getting its sandstone exterior replaced over the next four years. While the sandstone will likely come from other quarries, one councillor wants to see if the city can help revive the industry for other local restoration projects.

JENNIFER FRIESEN/FOR METRO

Sandstone motion approved

INDUSTRY

Council push could revive local quarrying



Brodie Thomas
Metro | Calgary

Can you picture an active stone quarry in one of the city's major parks?

Calgary City Council voted to look at just such a scenario, and it's all in the name of preserving the city's heritage.

Ward 9 Coun. Gian-Carlo Carra brought forward the idea of doing a scoping study to see if it would be feasible for private industry to go into some of the city's old sandstone quarries to get material for historic restorations.

Calgary was once known as Sandstone City, because it was the preferred building material in the downtown near the turn of the 20th century.

A fire in 1886 ravaged the

downtown, and council of the day decreed that buildings had to be built of non-combustible materials.

Historic City Hall is currently undergoing a refurbishment that includes the sandstone exterior.

"All of our most treasured buildings from that era are Paskapoo sandstone," said Carra.

"And it sort of drove me crazy that we weren't using local sandstone. So I asked the question, 'is there any way to use local sandstone?' And the answer I got was maybe, but not on the city hall project — at least not at first."

Mayor Naheed Nenshi said he had discussed this with the Parks department, since one of the prime quarry sites is within Edworthy Park. He said they were surprisingly open to it.

Carra said if administration were to find reopening the quarry is possible, it would likely fall to private industry or "a bunch of hipsters with beards" to quarry the sandstone.



And it sort of drove me crazy that we weren't using local sandstone. So I asked the question, 'is there any way to use local sandstone?'

Coun. Gian-Carlo Carra

McCann family prepares for verdict

COURTS

Judge to rule in Travis Vader first-degree murder trial

Bret McCann hopes a verdict Thursday in the trial of a man accused of killing his parents and hiding their bodies will end a six-year-long nightmare for his family.

Travis Vader has pleaded not guilty to first-degree murder in the July 2010 deaths of Lyle and Marie McCann, a couple in their late-70s, who vanished on a camping trip.

"It has been a marathon of hope and anxiety and ups and downs," McCann said Wednesday as he reflected on what the family has gone through since his parents disappeared.

"After seeing all of the evidence the police have and the Crown put forth, I am convinced

that he is guilty."

The McCanns were last seen fuelling up their motorhome in their hometown of St. Albert, Alta., just north of Edmonton, before heading to British Columbia for a family visit.

Their burning vehicle was found two days later in a remote area west of the city. Their bodies have not been found.

McCann said he can still recall what went through his mind when he first learned that his mom and dad were missing.

Were they hurt? Were they being held somewhere in the dense woods?

Then came the slow realization that his parents were dead. That was followed by long days watching the twists and turns of the police investigation and legal process.

The Crown has said Vader, 44, was a desperate drug user living in a makeshift camp when he came across the McCanns and killed them.

The defence has argued that

without the bodies or a murder weapon, the Crown's case is based on theories and circumstantial evidence.

"Where's the beef?" defence lawyer Brian Beresh asked in his closing arguments in June.

"There is an absence of fundamental evidence in this case upon which you could ever convict Mr. Vader."

McCann said his wife, Mary-Ann, daughter Nicole and son Brett will all be in court for Justice Denny Thomas's verdict. The case was heard without a jury.

Other relatives and friends will also be there to lend support.

McCann said family members are fully prepared for either ver-

dict. They just want the emotional roller-coaster they have been on for six years to finally stop.

"It will be a release just to hear what the verdict is — which ever way it goes," he said. "It is a milestone and we can close that chapter of our life."

McCann, 61 and retired, said he and his wife are thinking about moving to Australia to be closer to their daughter and grandchildren.

Despite problems during the initial RCMP investigation, he has nothing but admiration and respect for the RCMP and the Crown, he said.

McCann said whatever happens, he hopes that his family will get an explanation of what happened in July 2010.

"It is very important for us to find my parents' remains. Other than some hunter tripping across them, he is our last hope for finding them."

Vader's father, Ed Vader, could not be reached for comment.

THE CANADIAN PRESS



Travis Vader is shown in an RCMP handout photo. The Crown says forensic evidence and cellphone records tie Vader to the murder of two Alberta seniors who have never been found.

THE CANADIAN PRESS/RCMP



It has been a marathon of hope and anxiety and ups and downs.

Bret McCann

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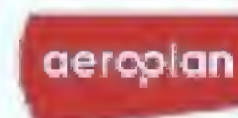
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Airdrie's gain is Calgary's too

HEALTH CARE

Extended hours could reduce Calgary hospital waits

Health Minister Sarah Hoffman says opening round-the-clock care in Airdrie could cause wait times to improve at Calgary hospitals.

On Wednesday, the Alberta government announced families will get 24-7 access to Airdrie's urgent care centre by early 2017, a move that advocates, like Michelle Bates, have been longing for.

Bates, chair of the Airdrie Health Foundation, lost her five-year-old son, Lane, six years ago when he was en route to a Calgary hospital.

She said decisions around getting Lane help were largely due to the lack of 24-7 health care and overcrowded hospitals in Calgary.

On the night of his death, she decided she'd let Lane rest and take him to the doctor the next morning. But things worsened a few hours later



Michelle Bates, chair of the Airdrie Health Foundation, has been advocating for better health care in Airdrie ever since her son, Lane, died about 6 years ago. JENNIFER FRIESEN/FOR METRO

and he died while on his way for emergency help in Calgary.

"We still have lots of needs to be addressed and we are up for the task," she said, wiping tears from her eyes.

Minister Hoffman said the government found that 4,000 people from Airdrie went to

Calgary last year during the hours the urgent care facility was closed.

"I think it's not only going to help the community itself, but maybe some of the waits we've seen in the surrounding areas," she said.

Though the 24-7 service is

welcomed by local officials, the City of Airdrie has been long advocating for a new, upgraded health centre to address the needs of the fast-growing city.

Angela Pitt, Wildrose MLA for Airdrie, said she's concerned the urgent care centre could become the "24-hour

4,000

The estimated number of people from Airdrie who visited a Calgary emergency room while Airdrie's urgent care facility was closed.

waiting room," but welcomed the extended hours as a good first step.

"I will continue to advocate for a new upgraded emergency facility and will encourage the government to move in this direction," Pitt said.

Hoffman said the government is aware there's a desire from Airdrie residents to have a new building.

"I don't have any delusions you won't stop advocating for what your needs are for today or for tomorrow," Hoffman told reporters.

Alberta Health Services will spend an extra \$2 million annually to fund the expanded hours at the urgent care facility. Before the hours change, the facility had been operating from 8 a.m. to 10 p.m.

ENERGY

Alberta is going green

Environment Minister Shannon Phillips says Alberta is prepared to financially support renewable power projects worth \$10.5 billion to achieve its goal of having 30 per cent of the province's power come from renewable sources by 2030.

She says the province must add 5,000 megawatts of electricity generating capacity from wind, solar and hydro projects.

Its current capacity is 16,300 MW but about 50 per cent comes from coal-fired plants that the government intends to shut down by 2030. Alberta expects about 70 per cent of power in 2030 will be from natural gas.

Pat Bateman, a researcher with the Canadian Solar Industries Association, says nearly 7,000 MW of wind power and almost 600 MW of solar power projects have been proposed to the Alberta Electric System Operator in anticipation of the government program.

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Calgary **metro** NEWS

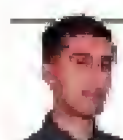


Mary Anne Moser reaches out to aliens at the BASS ship in East Village. AARON CHATHA/METRO

Beakerhead sparks Chain Reactions

EVENTS

Science and art come to life across the city for five-day event running until Sept. 18



Aaron Chatha
Metro | Calgary

Over the next several days, Calgary will become a sandbox for human ingenuity.

Beakerhead, the now annual smash-up of art, science and engineering, has launched throughout the city, offering workshops, lectures and awesome installations on the city streets.

"Hopefully, most of what you see will delight you," said Mary Anne Moser, co-founder of the festival. "And some of the things you're going to see will make you go, 'Hmm, I might have done that differently.' That's perfect. That's the point. It's all about human ingenuity."

While many of the events are ticketed and take place behind closed doors, Calgary

will be lit up along Beakerhead's Chain Reactions path, which goes through and just outside of downtown.

Moser officially launched Beakerhead at the BASS Ship in East Village, a collaborative machine that emits booming music to — what else — communicate with life in outer space.

Just down the path from the ship, McGill Block has been taken over by a giant tentacle monster, bursting from the building.

To the south is Cloud 17 on 17 Avenue SW — a 22-foot dome that houses a group virtual reality experience.

On the way there, travellers can stop by Central Memorial Park to see the Nibble exhibit. It has groups of adorable (giant) baby rabbits, which can be fed adorable (giant) baby carrots.

Stop by Eau Claire before you leave downtown to find a maze composed entirely of recycled bottles.

Finally, just outside of downtown in Kensington is a scaffold art Pegasus, a "reactive" chair and a trash monster that rises from the sidewalk and pops to life before your very eyes.

Beakerhead runs from Sept. 14 to 18. For a full rundown of events, visit beakerhead.com.



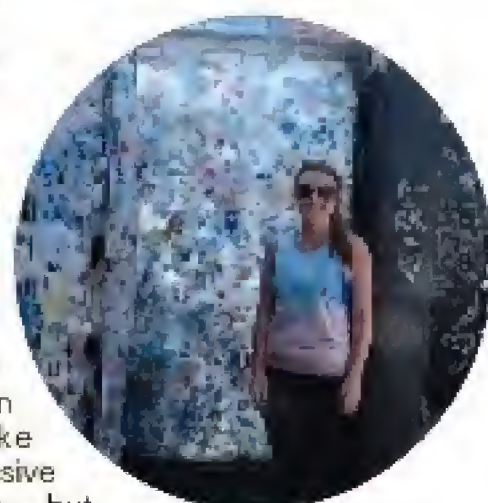
1 Nibbles

Nibbles is a followup to last year's enormous illuminated bunnies, but this year Australian artist Amanda Parer brings us baby bunnies. Five-year-old Olive Gillette got right to work, feeding her new best friend. At night they light up.



2 Cloud17

Cloud 17 is a dome housing three projectors in a virtual reality audio and video experience. Artists Sean Caruso and Patrek Pomerleau put together the technology and curated 10 short films — four Canadian — to showcase in the dome. For some films that are made with 360 cameras, it's the best way to show them.



3 Recycled bottle maze

Trisa Orpen's company Carbon Copy helped make the signs for the massive recycled bottle maze — but even she didn't expect it to be so complex.

Visitors are encourage to try to reach the centre of the maze — and guess how many bottles went into its creation.

4 Trash monster

Artist Filthy Luker's trash monster initially looks like a heap of garbage. Then, it suddenly rises from the sidewalk and pops open his eyes — looking like a really creepy heap of garbage. Bev Bruce is definitely shocked, but little Henry Parker said he's not scared of it.



ALL PHOTOS AARON CHATHA/METRO



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School welcomes tech devices

EDUCATION

Our Lady Grace students told to bring items to class



Lucie Edwardson
Metro | Calgary

Open spaces, moveable furniture and Wi-Fi, oh my! New-age education has arrived in Calgary schools and the freshly opened Our Lady of Grace is just one shining example.

Members of the media toured the new school in the north-west community of Evanston Wednesday with principal Judy Yurchuk and Education Minister David Eggen.

Yurchuk said the days where students are told to leave electronic devices at home are over, and now students are encouraged to bring them to school as a learning tool.

"Students are responsible and students are engaged learners if



Principal Judy Yurchuk said gone are the days where technology and personal devices are banned in classrooms. Now they are embracing them and using technology for student success. LUCIE EDWARDSON/METRO

you explain to them the purpose of why they're using it," she said.

Yurchuk said students are responsible for not using social media in class because they're not only building respect but

enjoy using the devices in learning.

"Gone are the days where we ban devices from our school, instead we use them to engage them," she said.

Because the students are using technology and the Internet more and more in their learning, Yurchuk said there is a focus on teaching best practices as well.

"It's about online safety, it's about appropriate usage and that includes posting comments and being responsible for the comments we make to what websites are applicable and ap-

propriate," she said. "That's incorporated into all their classes when a teacher brings technology into the learning environment."

Our Lady Grace is currently home to 715 students from Kindergarten to Grade 9 and has a capacity of 900.

"When we're building new neighbourhoods in our cities, schools become the focal point," said Eggen. "It becomes a meeting place for not only school hours but after hours as well."

Yurchuk said the new school offers many varying learning spaces and technologies to accommodate different learning styles.

"From our learning commons with comfortable, flexible seating — we have standing desks — a career technologies foundation lab with so many different technologies, wide-open spaces, break-out rooms and I know when I went to school you went to the computer lab, now technology is just a tool we use for learning and student success," she said.

The school took 14 months to build with an approximate price tag of \$14 million.

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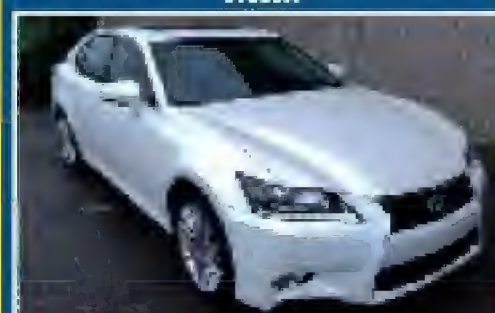
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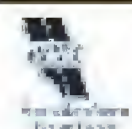
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EDMONTON

LGBTQ school policy will be reviewed



Kevin Maimann
Metro | Edmonton

The vice chair of the Edmonton Catholic School Board said a new, \$35,000 policy consultation will not likely change the board's contentious guidelines around LGBTQ students.

The board voted Tuesday to hire Alberta School Boards Association consultant Leroy Sloan to examine many of its

policies — including an inclusive communities policy that has led to shouting and public spats between trustees at board meetings.

Sloan's hiring also follows a damning report in July from Don Cummings, a consultant appointed to monitor the board by the government, after its meetings around the inclusive communities policy erupted into yelling.

Cummings, whose work over eight months cost taxpayers

\$125,000, recommended a review of all policies.

But vice chair John Acheson said he doubts the policy at the centre of the storm will shift.

"My own sense is that (the inclusive communities policy) won't change, because we just spent a lot of time on it within the last year and we think that that one is pretty well up to date and covers pretty well what we want it to cover," he said.

Acheson said he does not see the board hiring any more

consultants in the foreseeable future.

The Canadian Taxpayers Federation's Alberta Director Paige MacPherson said \$125,000 was already a lot to spend on a consultation that did not solve the board's problems.

"Hopefully they'll have better foresight the next time," she said.

Education Minister David Eggen was traveling and could not be reached for comment Wednesday.



While the province is lobbying the city to begin putting fluoride back in the drinking water, it says it won't pay any of the associated costs. METRO FILE

Province says no to funding fluoridation

WATER

Councillors in favour are on their own

The Alberta government has re-iterated it won't fund municipal fluoridation, after city council voted Tuesday night rejecting a motion that calls for an unbiased review of using the chemical in city water.

On Wednesday, Health Minister Sarah Hoffman said the government is confident that having fluoride in tap water is safe.

She said Alberta Health has done a great deal of research on water fluoridation.

"We continue to monitor trends with what's happening here in Alberta, as well as other jurisdictions," Hoffman said. "We respect the fact that (Calgary city) council has a tough decision to make."

Coun. Richard Pootmans has called on the government to contribute to the cost of water fluoridation, given Alberta Health supports the practice.

However, Hoffman said fluoridation is the responsibility of municipalities.

On Tuesday, councillors put forward a motion to have the O'Brien Institute for Public Health do an investigation into how effective fluoridating water really is.

The investigation would've



This is about tooth decay rates that are on the increase across Alberta. Why is no one talking about this?

Coun. Druh Farrell

come at no cost to the city, but the motion was lost 9 to 5.

During the meeting, several councillors suggested more scientific data wouldn't change their minds, since they also have moral and ethical issues with putting the substance in city drinking water.

Coun. Druh Farrell suggested the city write a letter to the province asking Alberta Health Services to look at systematic causes of increased rates of tooth decay, and to explore equitable access to all Calgarians. Council approved Farrell's motion.

"AHS has been pressuring council to put fluoride back in the water," said Farrell. "They're asking us to delve into an area that isn't our responsibility — but we care."

She said the issue is about more than just putting fluoride in the water.

"This is about tooth decay rates that are on the increase across Alberta. Why is no one talking about this?"

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Hilary Boswell, in green, in playoff action against the Charlottesville Dames. Boswell and the rest of the Calgary Roller Derby All-Stars will compete at the WFTDA Championships in November. CONTRIBUTED

Next-gen roller derby here

ENTERTAINMENT

As colourful as the outfits and names are, this is serious

Mathew Silver
For Metro | Calgary

Welcome to the next generation of roller derby.

Hilary Boswell and the rest of the Calgary Roller Derby All-Stars are trying to usher in a new era of the sport, one removed from the scripted theatrics that led to its demise in the '70s and '80s.

"We get compared to wrestling

sometimes, and I would like to change that," said Boswell.

While both sports feature unique outfits and colourful characters, Boswell insists that roller derby is more than just gimmicky entertainment — a reputation the sport garnered with the release of made-for-TV shows like *Rollergames* and *RollerJam*.

"(The skaters) do everything an elite level athlete would do, and it's real," said Boswell. She said that her team prepares like elite-level athletes, with training that includes anything from CrossFit to yoga.

While most athletes compete under a pseudonym, Boswell said that she uses her real name to add legitimacy to the sport.

“

We're going to win. Calgary is a winner,
Hilary Boswell

Alder Chisholm, who plays for the All-Stars' B squad and goes by the name Dazzler, has a different perspective. "We want

people to see us as legitimate athletes, but I think there are multiple ways to do that," said Chisholm.

Chisholm acknowledges that it's important for the top tier athletes to have an elite mentality, but said that it's roller derby's playful subversiveness — cheeky

nicknames, pulpy outfits — that make the sport so appealing. For instance, she plays for a team called the Thrashing Lassies and every player wears a kilt.

That said, when the All-Stars travel to Portland for the Women's Flat Track Roller Derby Association (WFTDA) Championships in November, there won't be any traces of artifice — just up-tempo derby action.

Boswell said that it's up to the All-Stars to pave the way for the next wave of young skaters, and winning the Div. 2 crown would be a good start.

In the meantime, she looks forward to the most important tournament of her life.

"We're going to win. Calgary is a winner," she said.

GOVERNMENT

Input wanted on boost to municipal powers

The province and the City of Calgary announced they would be seeking feedback on planned city charters that will give large Alberta cities more control over governance.

While the Municipal Government Act set the rules and guidelines for all of Alberta's 344 municipalities, the City Charters will work alongside the MGA to give Calgary and Edmonton more flexibility in certain areas to make local decisions and

take local action, according to the province.

The information sessions will focus on five themes: environmental stewardship, administrative efficiency, collaboration, supporting community well-being and smarter community planning.

The meetings will be held on Oct 11 and 12, from 5:30 to 8:30 p.m. at the Carriage House Inn, 9030 Macleod Trail South.

METRO

BUSINESS

Reveal female executive statistics, regulator says

Alberta's securities regulator — at the urging of the province — is revisiting a previously rejected plan to publicize the number of women who hold top jobs in publicly traded companies.

Stephanie McLean, Alberta's minister for the status of women, says she is not prejudging the outcome, but added she will "not be thrilled" if the Alberta Securities Commission rejects the plan a second time.

Only nine per cent of women make up the boards of directors in Alberta, and McLean says it's an issue that needs to be put in

the spotlight.

The commission is now debating passing new rules requiring Alberta-based companies, including those listed on the Toronto Stock Exchange, to disclose the number of women in senior positions along with company game plans for recruiting more women.

Commission CEO Stan Magidson says a similar idea was rejected in 2014 because it wasn't believed to be within its mandate, but he says views have shifted since then.

THE CANADIAN PRESS



An undated photo shows a snowy owl in Montana. 86 species of birds are threatened by plummeting populations, habitat destruction and climate change, a report says. THE MISSOULIAN VIA THE ASSOCIATED PRESS/THE CANADIAN PRESS

1.5 billion fewer birds fly over North America

WILDLIFE

There aren't as many feathered friends as there used to be

North American skies have grown quieter over the last decades by the absent songs of 1.5 billion birds, says the latest summary of bird populations.

The survey by dozens of government, university and environmental agencies across North America has also listed 86 species of birds — including once-common and much-loved songbirds such as the evening grosbeak and Canada warbler — that are threatened by plum-

meting populations, habitat destruction and climate change.

"The information on urgency is quite alarming," said Partners In Flight co-author Judith Kennedy of Environment Canada. "We're really getting down to the dregs of some of these populations."

The report is the most complete survey of land bird numbers to date and attempts to assess the health of populations on a continental basis. It concludes that, while there are still a lot of birds in the sky, there aren't anywhere near as many as there used to be.

Evening grosbeaks are down 92 per cent since 1970. Snowy owls have lost 64 per cent of their numbers.

Tally it all up and there

should be another 1.5 billion birds perching in backyards and flying around in forests than there are, says the report.

Nor are the declines stopping. Among those 86 species, 22 have already lost at least half of their population since 1970 and are projected to lose another 50 per cent within the next 40 years.

For at least six species, this "half-life" window is fewer than 20 years.

The culprits are familiar.

Agriculture disturbs habitat of grassland birds and intro-

22

The number of bird species that have already lost at least half of their population since 1970 and are projected to lose another 50 per cent within the next 40 years.

duces pesticides into the landscape. Logging fragments the intact forests birds use as refuelling stations as they migrate. Domestic cats are thought to kill more than two billion birds a year.

"It's the death of a thousand cuts," said Kennedy.

At stake is much more than the pleasure of a little back-

window bird song.

The report says birds are crucial indicators of overall ecosystem health. Healthy forests and prairies need healthy bird populations, said Kennedy.

THE CANADIAN PRESS

Woman suing Canadian vibrator company

An American woman has launched a proposed class-action lawsuit against the Canadian-owned maker of a smartphone-enabled vibrator, alleging the company sells products that secretly collect and transmit "highly sensitive" information.

The Chicago-area woman, identified in a statement of claim only as N.P., has made her complaints against Standard Innovation (US) Corp., which is owned by the Ottawa-based Standard Innovation Corp., over a "high-end" vibrator called the We-Vibe.

The lawsuit, which was filed

earlier this month in an Illinois court, explains that to fully operate the device, users download the We-Connect app on a smartphone, allowing them and their partners remote control over the Bluetooth-equipped vibrator's settings.

In particular, the app's "connect lover" feature — which promises a secure connection — allows partners to exchange text messages, conduct video

chats and control a paired We-Vibe device, the woman's statement of claim said.

The woman at the centre of the suit bought her vibrator in May for US\$130.

She downloaded the app that connects to it and used it on several occasions.

"(N.P.) would never have purchased a We-Vibe had she known that in order to use its full functionality,

(Standard Innovation) would monitor, collect and transmit her usage information through We-Connect," the statement of claim said.

The suit alleges that unbeknownst to its customers, Standard Innovation designed the We-Connect app to collect and record intimate and sensitive data on use of the vibrator, including the date and time of each use as well as vibration settings.

It also alleges the usage data and the user's personal email address was transmitted to the company's servers in Canada.

THE CANADIAN PRESS



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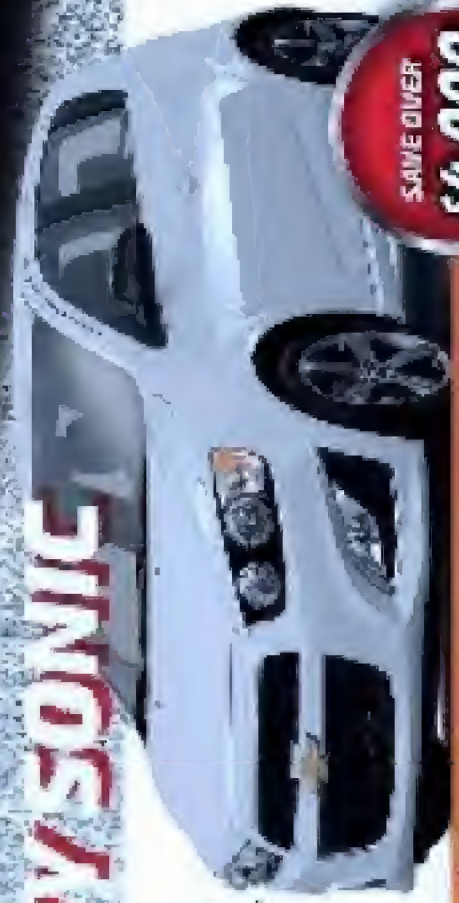
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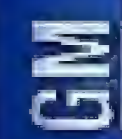
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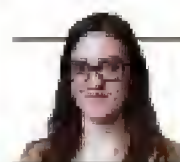
BANGLADESH ANIMAL SACRIFICES TURN DHAKA STREETS INTO RIVERS OF BLOOD

Large-scale animal sacrifices marking the Islamic festival of Eid al-Adha combined with heavy rains have turned the streets of Bangladesh's capital into rivers of blood. Authorities in Dhaka designated several places in the city where residents could slaughter animals, but heavy downpours Tuesday meant few people could use those areas. THE ASSOCIATED PRESS

Teen's hijab emoji an appeal to Apple

TECHNOLOGY

15-year-old wants to share her feeling of being 'liberated'



Rebecca Williams
Metro | Toronto

A Muslim teen is asking Apple to create an emoji of a woman wearing a hijab to better represent "millions of women across the globe."

Apple announced a slew of new emojis aimed at being more diverse gender-wise, including women weightlifting, swimming and donning a construction hat.

But for 15-year-old Rayouf Alhumedhi, the lack of representation for Muslim women was a glaring omission.

The Saudi teen, who lives in Germany, has already written a proposal to push Apple for the new emoji with the help of tech



Rayouf Alhumedhi wants Muslim women represented in emoji-form. CONTRIBUTED

insiders, including Reddit co-founder Alexis Ohanian.

"Roughly 500 million Muslim women on this earth pride themselves on wearing the hijab," reads the proposal addressed to Apple CEO Tim Cook and Unicode, the body in charge of approving changes to the emoji library.

"With this enormous number of people, not a single space on the keyboard is reserved for them."

Alhumedhi also recommends allowing the woman in the head-

scarf emoji to be changed to different skin tones to better represent the different ethnicities who wear the hijab, as well as a headscarf emoji to represent Muslim men.

The teen took to Reddit Tuesday for an "Ask Me Anything," where she opened up about what wearing the hijab means for her and about how her life has changed since moving to Germany.

"Might seem baffling, but when I wear the headscarf I actually feel liberated because I'm in control of what I want to cover," she writes.

Alhumedhi told the BBC that it was in a discussion with her friends that she realized that there was no emoji that represented her.

"There are so many Muslim women in this world who wear the headscarf. It might seem trivial ... but it's different when you see yourself on the keyboard around the world."

If approved, Alhumedhi's emoji would be available in 2017.

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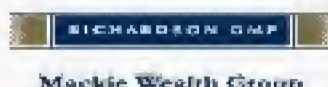
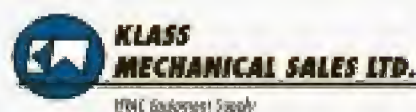


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Millions of refugee kids have no schools

UNITED NATIONS REPORT

Only 50 per cent have access to education

More than half of the 6 million refugee children under the mandate of the United Nations have no access to school just as the refugee school-age population is exploding by 600,000 a year, a new report says.

According to the United Nations High Commissioner for Refugees report, only 50 per cent of refugee children around the world have access to primary school education, compared with a global average of more than 90 per cent.

As these unschooled children grow older, the gap becomes even more startling: only 22 per cent of refugee teens go to high school compared to 84 per cent globally and just 1 per cent at-

tend university, compared to 34 per cent around the world.

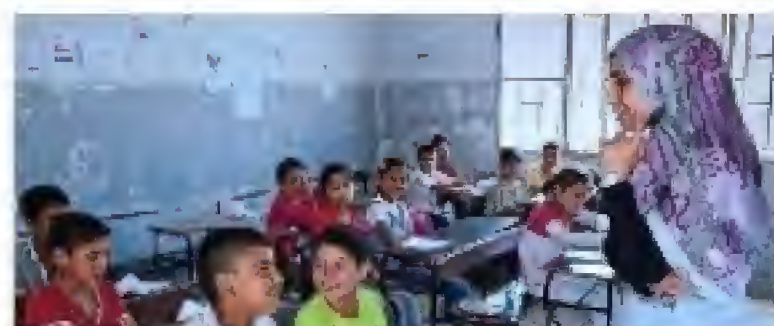
"By educating tomorrow's leaders, be they engineers, poets, doctors, scientists, philosophers or computer programmers, we are giving refugees the intellectual tools to shape the future," says the 48-page report to be released in Geneva Thursday.

The report comes in advance of world leaders gathering next week at the UN General Assembly's Summit for Refugees and

Migrants and U.S. President Barack Obama's Leaders' Summit on the Global Refugee Crisis.

The report will serve as the backdrop to the summits' discussions to set targets and secure aid funding to ensure every school-age refugee receives a quality education.

"This represents a crisis for millions of refugee children," Filippo Grandi, UN High Commissioner for Refugees, said in a statement. TORSTAR NEWS SERVICE



According to the United Nations High Commissioner for Refugees report, only 50 per cent of refugee children around the world have access to primary school education. CONTRIBUTED



Hillary Clinton arrives at the Sept. 11 Commemoration Ceremony in New York City on Sunday. GETTY IMAGES

U.S. ELECTION

Doctor declares Clinton 'fit to serve'

Hillary Clinton is "recovering well" from pneumonia and remains "fit to serve as President of the United States," her doctor said in a letter released Wednesday by her campaign.

The health details made public by the Democratic presidential nominee included a description of the pneumonia diagnosis Clinton received last week Friday. Her illness became public after she left Sunday's 9/11 memorial service early and was seen on video staggering while getting into a van.

The health episode fuelled long-simmering conservative conspiracy theories about Clinton's health and provided a fresh line of attack for rival Donald Trump.

Facing criticism about a lack of transparency when it comes to her health, Clinton's campaign promised to disclose more detailed information about her health this week.

The letter released Wednesday by the campaign stated that Clinton underwent a chest scan that revealed she had "mild, non-contagious bacterial pneumonia,"

according to Clinton's physician, Dr. Lisa Bardack, chair of internal medicine at CareMount Medical in Mount Kisco, New York.

The letter says the illness stemmed from a bout of seasonal allergies that developed into an upper respiratory tract infection.

Her symptoms began around the start of this month, and she saw Bardack on Sept. 2. Clinton was advised to rest, but her condition worsened and she developed a cough.

The letter also notes that in January, during the run-up to the Iowa caucuses, Clinton received treatment for a sinus and ear infection that included placing a drainage tube in her left ear. A CT scan of her brain and sinuses showed no abnormalities and mild chronic sinus inflammation.

"She is recovering well with antibiotics and rest," wrote Bardack, who also authored a letter about Clinton's health released in July 2015. "She continues to remain healthy and fit to serve as President of the United States." THE ASSOCIATED PRESS

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Our end of summer sale has been extended but won't last long.



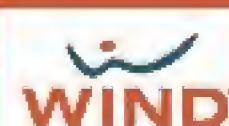
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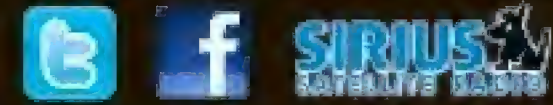
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Canadian artists shine bright at Northern Light Series

Many diverse Canadian artists are making their way to the new Bella Concert Hall as part of the Music to Your Ears concert season at MRU.

The Northern Lights Series (one of six, with 22 concerts in total) is a way to shine a spotlight on great Canadian talent, according to MRU media specialist Jonathan Love.

"It's important in this world-class Canadian venue to showcase some world-class Canadian talent," said Love. "This series gives us an opportunity to amplify our own artists."

The series kicks off with the Wild West

New Music Ensemble (Oct. 15), local players from the Calgary Philharmonic Orchestra who are committed to performing challenging new works from contemporary Canadian composers.

Everyone knows Chris Hadfield, coming to MRU Nov. 26. "Chris is a role model of what it looks like to keep music as a significant part of your life," said Love. "He's likely the best-known off-planet guitarist."

Then, in the new year, the Bella welcomes local singer/songwriter Raghav (Jan. 18), a proud Calgarian boasting international success with his fusion of Hindi and Canadian

sounds. After that, it's the picking and strumming of the Canadian Guitar Quartet on Feb. 8 and finally, the engaging vibe of Cowtown Opera on April 2. A Calgary cultural staple, this year's production features an audience sing-along of Disney favorites.

"For those shower singers, it's a wonderful way to sing your debut in the Bella Concert Hall," Love said.

Other Canadian artists appearing through various series of Music to Your Ears include Jan Lisiecki, Chantal Kreviazuk, Zukerman Trio and Land's End Ensemble.

For tickets see mru.ca/enjoy.

Music to Your Ears 411

Music To Your Ears 2016-17 runs at Mount Royal University Conservatory's Bella Concert Hall in the Taylor Centre for the Performing Arts, 4825 Mount Royal Gate SW. Get Your Tickets online: tickets.mru.ca. Phone: 403-440-7770 E-mail: tickets@mtroyal.ca

Concert-goers save up to 25% when signing up for an entire series. Corporate and group packages are also available.

ZIGGY MARLEY BRINGS HIS REGGAE SOUNDS TO MRU

What is a Rastagarian? Leo Cripps knows. He's one of the original six Calgarian reggae fans who, in 2003, created the Calgary Reggae Festival Society. And every August since, all Calgary Rastagarians have been entertained with the best that reggae has to offer. When Cripps found out Ziggy Marley was playing the Bella Concert Hall, his vibe went from laid back to up tempo.

"It's gonna be a great show. Ziggy's always been amazing, and remains one of the premiere performers in today's day and age," he says. "You know you're gonna have a well-rehearsed solid performance."

The Marley Family is, according to Cripps, "A dynasty. Bob (Marley) laid the foundation. He was such a dominant force. It's a real coup for a brand new concert venue to attract one of reg-

gae's top names."

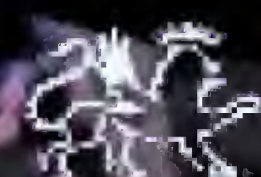
By comparison, he identifies another world-renowned Jamaican, "Usain Bolt is the sports icon that carries the torch. Bob carried that for reggae music."

With his new self-titled release just out, featuring the single "Weekend's Long", Ziggy promises to deliver hits from all six of his studio releases. Cripps is keen to hear the legend in an intimate space, "I've heard great things about the (Bella) hall from the audience perspective on how good the sound is in there."

For all Rastagarians, Ziggy Marley will be appearing at the Bella Concert Hall in the Taylor Centre for the Performing Arts at MRU Conservatory on October 13, 2016 at 7:30pm. Tickets at mru.ca/enjoy



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ZIGGY MARLEY

OCT. 13, 2016

Wild West
New Music Ensemble

OCT. 15, 2016



Chantal
Krevizuk
NOV. 8, 2016

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Chris Hadfield
NOV. 26, 2016



The Secret Life
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When food meets fun

You can't go wrong with dinner and theatre together. Stage West and Jubilations, the city's largest dinner theatre companies, have been pairing food and theatre together for over 45 years combined and there isn't much better than enjoying a great dinner with an entertaining performance.

Stage West offers an eclectic 120+ item buffet and performances suitable for all ages ranging

from comedies to Broadway Musicals and everything in between, says Stage West director of marketing and sales Joel Conley.

"Our age demographic is largely dependent on the particular show playing at the time and we try to make sure there is something for everyone. While some of our shows might be skewed to older crowds, we also include one or two shows each season that appeal to younger audiences as well," Conley says.

"One thing that makes us different from other venues is that the... "all-in-one" aspect really dominates our thinking in terms of offering a product that provides everything you could want out of your night out."

Jubilations is another dinner theatre option that does things a little different than Stage

West by offering a four course dinner instead of a buffet, according to theatre assistant general manager Syreeta Bennie.

"We do the show around the meal here so first you are served soup and salad and then the first act is up, then dinner and second act is up, and then desert before the third act is up," she explains, adding that weekend tickets include access to Aussie Rules, the duelling piano bar.

"We base the menu around the story and it's a fully interactive experience that puts the patron in the story. Everyone, including the servers, are in costume as soon as you walk in the doors. It's a lot of fun."

For more information about each theatre, please visit stagewestcalgary.com and calgary.jubilations.ca.

Fall events

Sept. 16 to Sept. 18 – Calgary Greek Festival – Enjoy traditional Greek food, entertainment and culture at the Calgary Hellenic Society.

Sept. 17 – Mavis Staples – Experience one of Rolling Stone's 100 Great Singers of all time at Jack Singer Concert Hall.

Sept. 19 to Apr. 3 – Dirty Laundry: Monday Night Lights – It's the 17th season and Dirty Laundry is making Monday Night Football the funniest part of the week at Lunchbox Theatre.

Lunchbox Theatre with something for everyone

Calgary's beloved Lunchbox Theatre is known for having something for everyone so why not kick off the new season with a blend of comedy, travel and Hollywood flair.

After Jerusalem takes the stage from Sept. 19 to Oct. 8 as the first show of the 2016/2017 season and it's going to be an entertaining tale of love and comedy, according to Lunchbox Theatre director of marketing and communications Lauren Thompson.

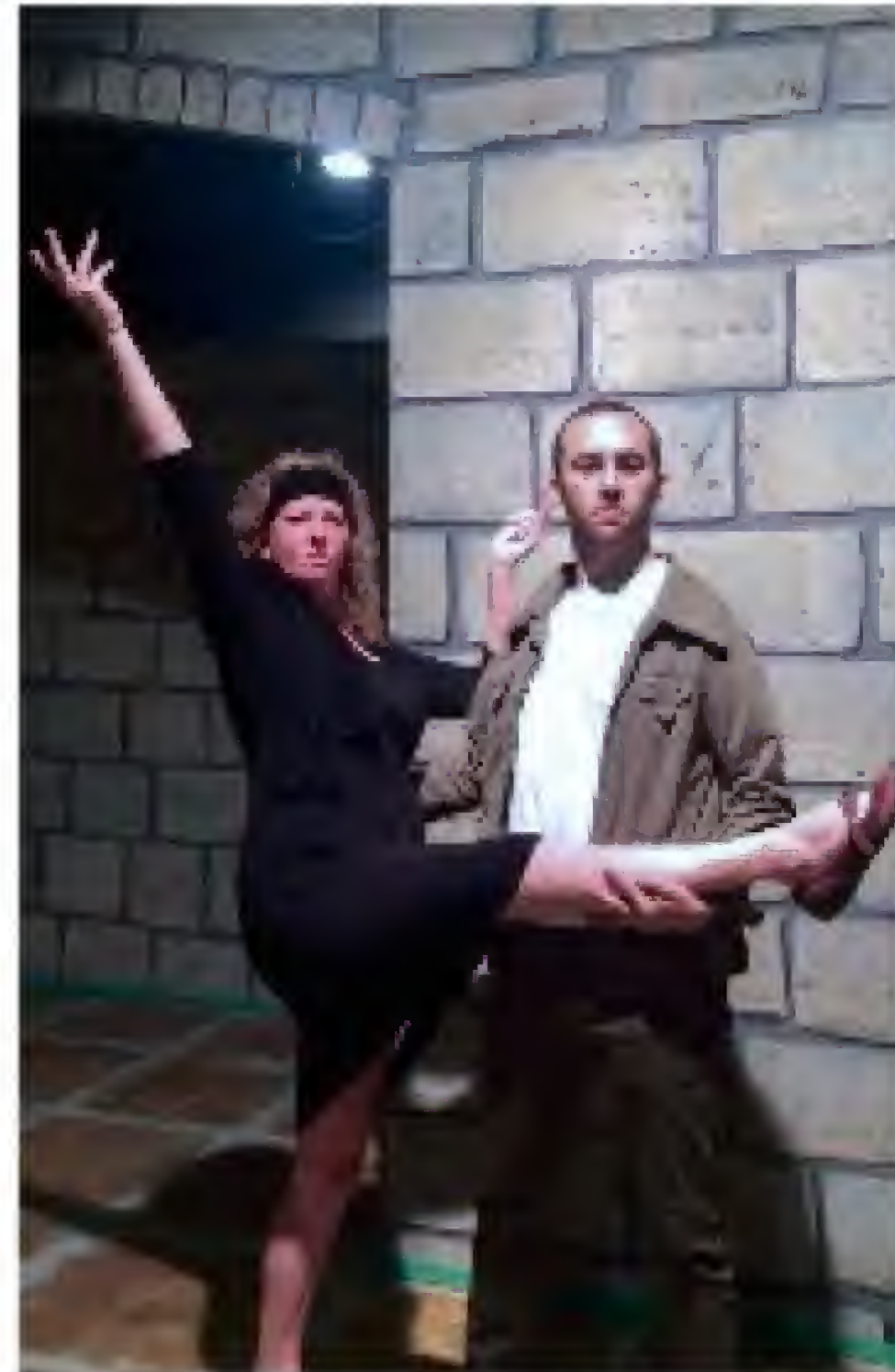
"Romance, intrigue, and a smattering of old movies turn this heartfelt comedy into a quirky love story where anything can happen," she says, adding the play is directed by Lunchbox Theatre artistic producer Mark Bellamy.

"After Jerusalem is a story about a down-on-her-luck middle-aged school teacher who tries to find love in Israel by pretending to be a famous actress. When she runs into an ambitious scriptwriter soldier with many tall tales to tell, their lives intertwine and change forever."

Written by Vancouver Playwright Aaron Bushkowsky and starring Kira Bradley and David Sklar, the production is the perfect way to kick off the season, Thompson adds.

"Lunchbox Theatre has something for everyone this season — great comedies, rich stories, fantastic music and virtuoso performances. I hope people will join us for seven fantastic theatrical experiences this year," Bellamy says.

Located in the heart of downtown at the base of the Calgary Tower, Lunchbox



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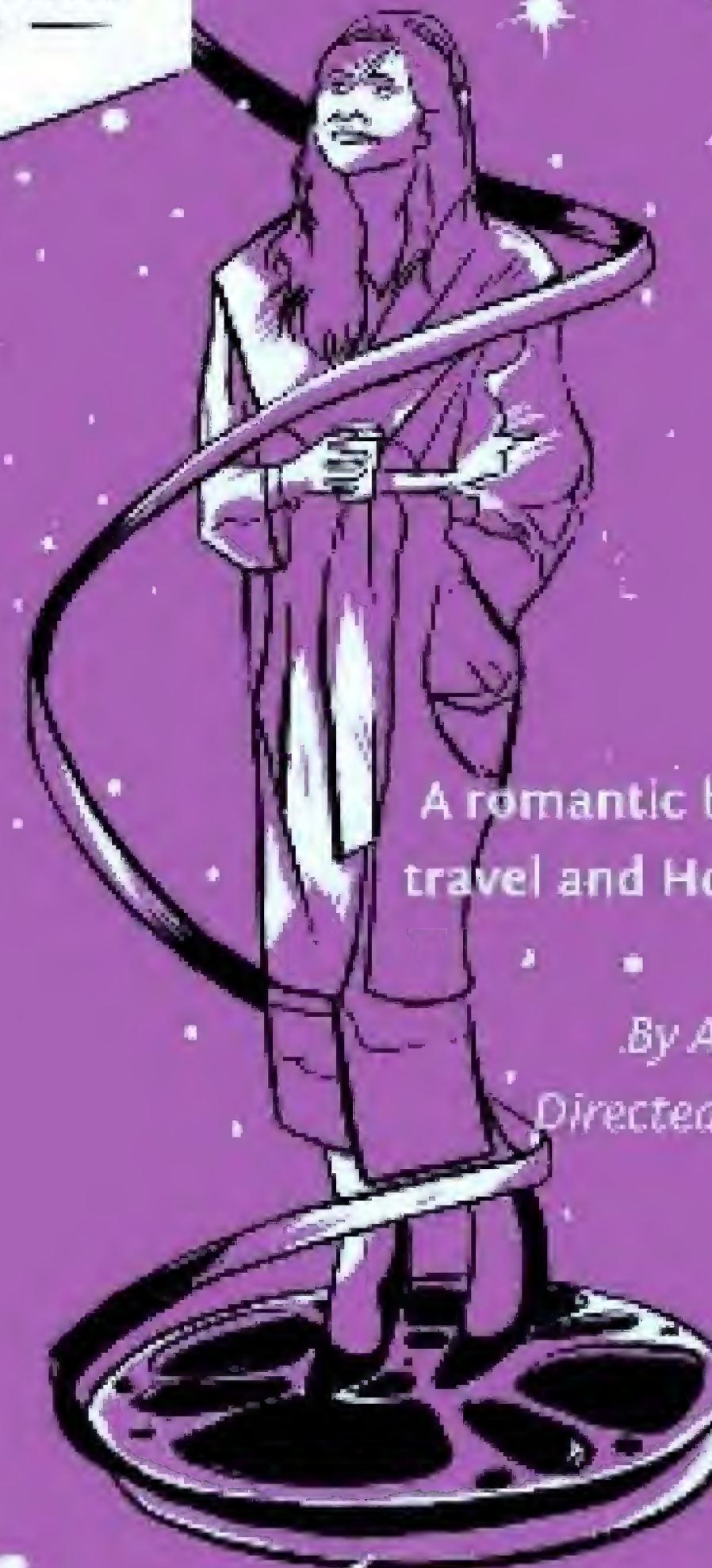
Theatre is one of Calgary's longest running professional theatre companies, providing a unique experience by engaging audiences with one-act plays.

After Jerusalem playwright Bushkowsky also has another show opening right across the hall at Vertigo Theatre called The Big Sleep.

For more information, ticket packages or a closer look at upcoming productions, please visit lunchboxtheatre.com.

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By Aaron Bushkowsky
Directed by Mark Bellamy

After Jerusalem

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SWING OPEN THE DOORS AT SOME OF YOUR FAVOURITE LOCAL HAUNTS

Have you ever wondered what happens behind the scenes at your local fire hall or museum? Or maybe you've always wanted to volunteer at your favourite charity but you want to check it out first.

Whatever you're curious about, Doors Open YYC is the perfect opportunity to swing back the doors at your favourite local haunts and the best part is; it's free.

From the Calgary Food Bank, to St. Louis Hotel, to the Lougheed House and more, there is something for everyone at this event, according to Doors Open YYC president Alyssa Berry.

"I'm really excited for this year because it's our fifth anniversary and we have 50 sites throughout the city that will all be opening their doors to showcase unique, behind the scenes experiences free of charge," she explains.

Doors Open is a concept that began in Europe in the early 2000s as a way to create community engagement and community pride and Calgary's event began as part of being the Cultural Capital of Canada in 2012. The event has increased in both sites and attendance each year since then.

"This really provides an opportunity for Calgarians to play tourist in their own town by having behind the scenes access to locations throughout the city. Whether you're interested in aviation, culinary, recreation, history, sustainability or architecture DOYYC has a site for everyone."

Berry says the organization is really proud that they are able to offer the event for free, especially with the tough economic times.



CONTRIBUTED

For more information

Doors Open YYC takes place on Sept. 24th at 50 sites across all quadrants of the city. The best part is; it's free. Please visit doorsopenyyc.org for more information on which sites and what times are available. For general inquiries, please email info@doorsopenyyc.org.

Doors Open YYC sites

As much as Calgarians love swinging open the doors of local businesses and organizations, so do the people who experience them daily.

Doors Open YYC is a great opportunity for 50 local groups to showcase what they do best.

Calgary Food Bank's manager of communications D.D. Coutts says the event is a great way to invite Calgarians inside the warehouse to see what happens to their food donations.

"The whole purpose was to invite people in to see where their donations are making a difference and what happens to food donations as they come in the door. We really want people to see how it all works," she says.

Brown Bagging for Calgary's Kids participated in the event last year and loved it so much they are back again this year, according to special projects coordinator Jessica Zutz.

"The event helps to raise awareness about all the ways Calgarians are taking action to make a difference in our city, and you never know what kind of inspired action can result from a trip to one of the sites," she says.

Calgarians will also have a chance to peek at pieces of colourful history, including at one of the city's oldest hotels, the St. Louis Hotel.

"As one of Calgary's oldest hotels, and one of the newest heritage buildings to be restored in Calgary, many will want to glimpse at the careful restoration that has been put into this beloved building," Calgary Municipal Land Corporation manager Amanda Eveson says.

#DOYYC

SEPTEMBER 24 | DOORSOPENYYC.ORG |   



TAKING YOU BEHIND THE SCENES.





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Help kids start the day right

Recent studies show that a child who has not had breakfast loses 132 minutes of learning before lunch. By the time they graduate, that's equivalent to five months. Yet 1 in 5 children in Canada is at risk of going to school without breakfast.

That's why for the third year in a row, COBS Bread is holding a fundraising campaign for Breakfast Club of Canada.

Breakfast Club of Canada has been nourishing children's potential by making sure as many children as possible have access to a healthy morning meal before school, in an environment that allows their self-esteem to grow and flourish.

"Breakfast Club values partners such as COBS Bread, who not only provide end-of-day bread donations to our school programs throughout the year, but also mobilize local franchisees to fundraise and build awareness with

their customers," says Josee Desjardins, senior director, operations and development at Breakfast Club of Canada. "These campaigns make reaching more children a reality for the Club".

Studies show that when children receive a balanced meal in a positive, stimulating environment, there are marked improvements in behaviour and concentration, academic performance, social skills, overall interest in the subjects being taught and the reduction of bullying incidents,

COBS Bread also supports Breakfast Club of Canada through End of Day Giving. At the end of the day at every COBS Bread bakery across Canada, leftover bread is donated to local charities.

From Sept. 16-18, \$1 from the sale of every sandwich loaf sold at any COBS Bread bakery across Canada — including Calgary — will be donated to Breakfast Club of Canada. This year, it is COBS Bread's goal to raise \$100,000.

Grown and milled in Alberta

Every product you purchase from a COBS Bread bakery contains flour.

COBS Bread literally uses tonnes of flour every day and the quality of flour can make or break a loaf of bread. For that reason, COBS Bread bakeries use high quality Canadian wheat from Albertan farmers.

"Our traditional loaves contain no added preservatives, colouring, sugar or dairy. All whole wheat loaves are made with whole grain flour and the authentic sourdough is made with a natural levain starter," says Shane Paterson, regional director of COBS Bread in Alberta.

COBS Bread whole wheat loaves are baked with 100 per cent whole grain flour, which is grown and milled in Alberta specifically for COBS Bread. The key features of 100 per cent whole grain bread include:

- Made with 100 per cent whole grain flour
- Good source of fibre
- No trans fats
- Low in saturated fat
- No added sugar, artificial colours or preservatives

Canada's Food Guide recommends that half of your grain product choices are whole grain

Fresh, quality bread

COBS Bread stands behind its promise to provide the freshest, highest-quality breads and baked goods every day. COBS Bread believes bread tastes best when it comes fresh from the oven, which is why they only sell what they make fresh each day. There are 13 COBS Bread locations throughout Calgary and surrounding areas. Please visit cobsbread.com for more information.

each day. Including whole grains in a daily diet can lower triglycerides, improve insulin control and help you maintain a healthy weight.

Dietary fibre from whole grains helps reduce blood cholesterol levels and may lower risk of heart disease. Whole grains contain vitamins, minerals and phytochemicals which promote overall health and reduce our risk of developing serious disease, while fibre-containing foods such as whole grains help provide a feeling of fullness with fewer calories.



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Calgary Zoo's ILLUMINASIA is beauty by day, magic by night

It's back, brighter and more colourful than ever.

The Calgary Zoo's popular ILLUMINASIA Garden and Lantern Festival Presented by Sinopec Canada is set to brighten the skies once again this fall. 260 handmade lanterns from China light the event, 145 of them brand new this year.

"These breathtaking lanterns are beauty by day and magic by night. They stem from an 800-year-old tradition in China and are simply breathtaking to view. It's a multi-cultural celebration while at the same time showcasing our gardens and highlighting important species in lantern form," says Roz

Freeman, promotions and special events adviser. "As we do with all of our events, we changed it up so it's fresh and amazing for our return guests."

This year's special theme is the four seasons. Visitors will get to experience the seasons of spring, summer, fall and winter while they take a journey through the breathtaking hand crafted lanterns.

"The Garden of Life theme includes the four noble plants; bamboo, chrysanthemum, orchid and plum blossom and our art gallery features local artwork," she adds.

The festival showcases the work of 50 Chinese artists who handcrafted the lan-

terns. 115 animals from 12 different species are depicted in the lanterns aglow with LED lighting and covered in silk-rayon fabric.

ILLUMINASIA also features a variety of entertainment over the course of the festival with something for everyone ranging from ninja battles to music arts and more.

Running from Sept. 8 to Oct. 16, ILLUMINASIA tickets can be purchased starting at 5 p.m. at the zoo's north entrance or online at illuminasiacalgaryzoo.com. Event starts at 7 p.m. Admission rates are \$24 plus GST for adults and \$15 plus GST for children. Admission to the festival helps support the Calgary Zoo's conservation efforts.



CONTRIBUTED



ILLUMINASIA
Lantern & Garden Festival

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Tickets available now. Visit illuminasiacalgaryzoo.com





RADIM RYBACEK

Embrace the next literary stars at this year's Wordfest

Wordfest is set to take over the city next month giving Calgarians the opportunity to discover new authors while enjoying their favourites, too. The 21st annual Wordfest runs from Oct. 7 to 16 at Calgary venues such as the Big Secret Theatre, Arts Commons' Motel Theatre, Glenbow Theatre, River Cafe, Deane House and Sidewalk Citizen Bakery in the Simmons Building.

"This year's Wordfest is your best opportunity to embrace the next generation of literary superstars whose books you won't be able to put down or stop raving about," says Wordfest's general director Shelley Youngblut.

Wordfest is bringing in over 90 writers from Canada, the United States, the United Kingdom, Australia, Germany, Mexico and Italy in over 40 public events.

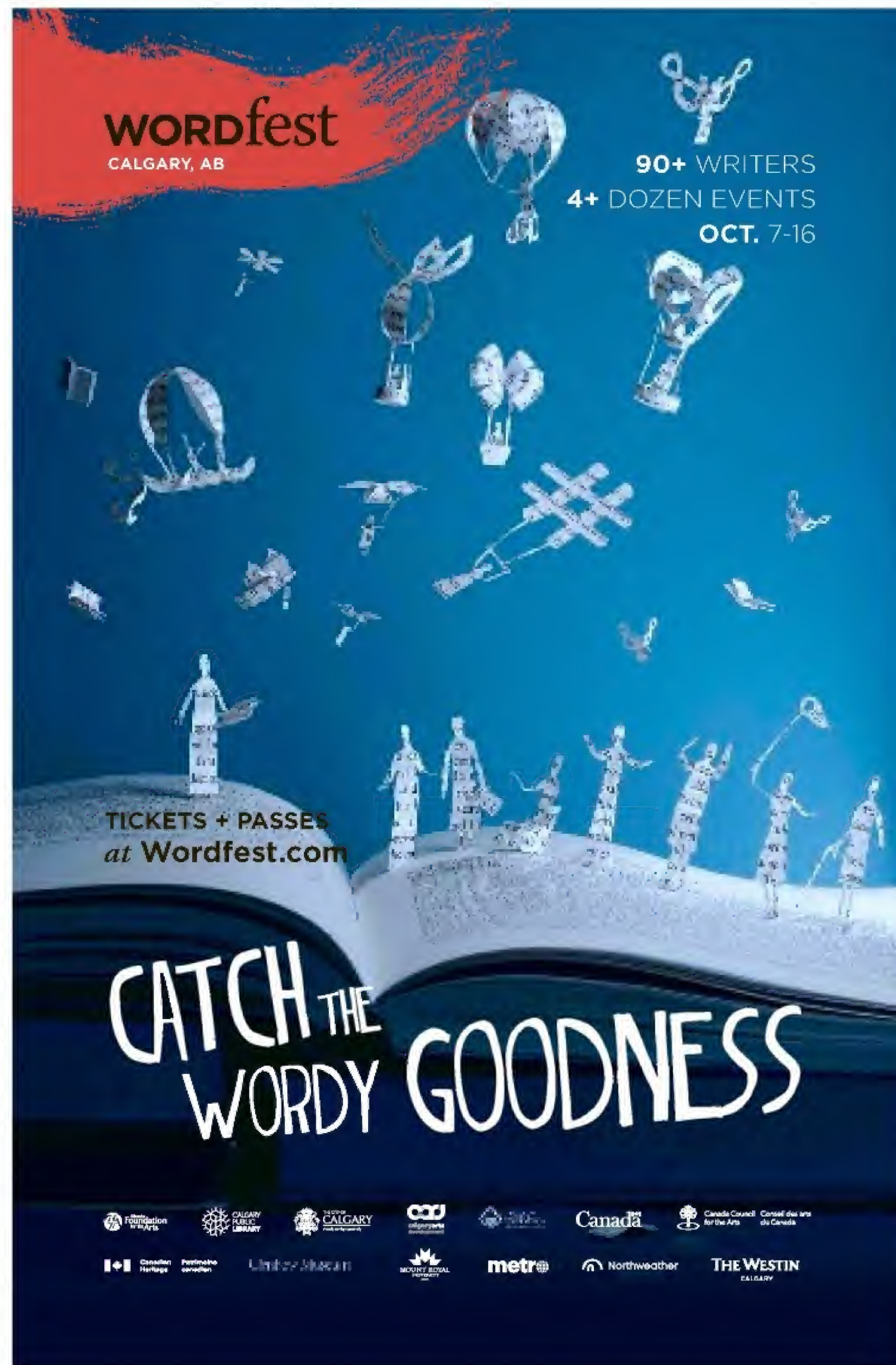
"As in past years, you'll be able to get up close and personal with high-wattage best-selling authors including Emma Donoghue.

Yann Martel, Kenneth Oppel, Peter Robinson and Jane Urquhart," Youngblut says.

New and unusual this year is the performance of *Crawlspace* (A Staged Reading) from Oct. 11 to 15, inspired by playwright Karen Hines' true story of buying a fully detached "condo alternative" in a hip downtown neighbourhood, and how it all went horribly, nightmarishly wrong.

Wordfest's Adult Spelling Bee (Oct. 15) is back by popular demand along with the introduction of some new late-night fun: the "Naughty Bits Read-a-Thon" (Oct. 14) and a "Wordy Trivia Competition" (Oct. 13).

"Since the 20th anniversary Festival in 2015, Wordfest has considerably expanded its program of live author events outside the main Festival dates. Wordfest is very much becoming a year-round experience for Calgarians," Youngblut adds. For more information or tickets, please visit wordfest.com.





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Gadget makers confusing users

TECHNOLOGY

Samsung and Apple have both fumbled upgrades

What's worse, a phone that gets "bricked" by a software update, or one that has a tendency to spontaneously combust?

Right now, those are your options from the world's top two smartphone manufacturers, and it points to a bigger problem — many electronics manufacturers are delivering muddled products and even worse messages, making it difficult for consumers to upgrade. Consider:

1. On Tuesday, Apple released iOS 10, an update to its operating system that immediately started seizing up people's smartphones. The company quickly released a fix, but not before plenty of outrage.

2. Samsung's latest phone, the Galaxy Note 7, is a potential fire hazard that's become a pariah in airplanes, subways and anywhere else fires aren't welcome.

3. The new iPhone 7 hits stores on Friday, and thanks to the company's "courage," it's missing a key piece of technology — the headphone jack — that makes it less consumer friendly than the previous model.



Apple's iOS10 software update launched with bugs that "bricked" older iPhones, prompting online outrage. AP/GETTY IMAGES

With the onslaught of new products, it should feel like gadget-geek Christmas. But the fumbles and anti-consumer moves make even the true early adopter stop and think about shelling out.

We just lived through an impressive decade of smartphone improvement and innovation. But now, upgrades tend to feature smaller changes and improvements as opposed to whole new products. Apple, for example, is moving to a three-year upgrade cycle from two years, so the company is carefully doling out new features.

Apple tied the new phone with the launch of iOS10, a

software update which would hopefully make older iPhones feel like new. Even with a three-month-long beta to work out the kinks, it still launched and promptly bricked an unknown number of phones, prompting online outrage. The company issued a fix, although many users are rightfully gun shy about installing it.

With Samsung, the company has engineered its production capabilities to fully take on Apple, and its Note 7 beat the iPhone 7 to market. But due to a full-scale recall, the company is facing lost billions to fix the issue, plus lost sales and brand value. TORSTAR NEWS SERVICE

DIGEST

Hi-tech vehicles, robot chefs and rising bread

1 A driverless future: Uber riders in Pittsburgh can get a glimpse of the future by summoning a car capable of handling most of the tasks of driving on its own.

Starting Wednesday, a fleet of self-driving Ford Fusions will pick up Uber riders who opted to participate in a test program.

While features allow the vehicles to navigate on their own, an Uber engineer will sit in the driver's seat and seize control if things go awry. Uber's test program is the latest move in an increasingly heated race between tech companies in Silicon Valley and traditional automakers to

perfect fully driverless cars for regular people.

THE ASSOCIATED PRESS

2 Did robots help make your pizza? If you ordered it from Silicon Valley's Zume Pizza, the answer is yes.

The startup, which began delivery in April, is using intelligent machines to grab a slice of the multibillion-dollar pizza delivery market. Zume is one of a growing number of food-tech firms seeking to disrupt the restaurant industry with software and robots.

The company will soon add robots to prep the dough, add cheese and toppings, take pizzas out of the oven, cut

them into slices and box them for delivery.

THE ASSOCIATED PRESS

3 Panera to spread nationwide: One of the largest franchise operators of Pizza Hut and KFC locations in North America has scooped up most of the Panera Bread bakery-café in Ontario, with plans to grow the chain across Canada. Woodstock, N.B.-based Franchise Management Inc. announced it will assume ownership and management of 12 Panera outlets. Panera Bread is known for its fresh-baked breads, soups and hand-crafted salads and sandwiches.

TORSTAR NEWS SERVICE

CHANTAL HÉBERT ON AN EX-PM'S ILL-ADVISED ADVICE



For pipeline proponents, recent developments offer an opportunity to once again try to prod Trudeau himself into action. Mulroney, for one, should know better than to flog that particular horse.

Once in a blue moon, or maybe a bit more often than that, someone who should know better offers the prime minister of the day some strikingly flawed advice.

Such is the case of Brian Mulroney's recommendation that Justin Trudeau personally take charge of the controversial Energy East pipeline file.

In a speech in Calgary this week, the former Tory prime minister offered his successful negotiation of a watershed free-trade agreement with the United States in the late 1980s as the template Trudeau should borrow to advance TransCanada's pipeline plan.

"What we now need for an exceptional, cohesive effort to make the most of our resource base is a similarly clear commitment from the top, led by the prime minister, with a unique, high-quality organizational structure drawing expertise from across Canada, and a genuine partnership that will spearhead expansion of our resources, expedite infrastructure construction and bolster a broader diversification of our resources," the former Tory prime minister told his Alberta audience.

It should be said at the outset that this is advice offered in good faith. At a time when most were still sneering at the notion that Trudeau could become prime minister, Mulroney was talking up his

potential.

As opposed to other prominent Energy East backers — such as former Quebec premier Jean Charest who was at one point on contract as a consultant to TransCanada — Mulroney has no financial connection to the project. (He

parties such as Charest, whose interests were vested in the project.

The next panel will be made up of members hand-picked by the Trudeau government rather than legacy Conservative appointees. That should go some way to restore cred-



TAKE IT FROM HIM Former prime minister Brian Mulroney has said Justin Trudeau should take a lesson from the free-trade negotiations with the U.S. in the late '80s and assume leadership on the oilsands-pipeline file. LARRY MCDUGAL/THE CANADIAN PRESS

does toil in a law firm that, like its competition, is always on the lookout for more energy industry clients.)

Mulroney is not the first to call on Trudeau to jump in front of the pipeline parade and, given the travails of the National Energy Board in dealing with Energy East, he will not be the last.

On Friday the three-member NEB panel tasked with vetting the plan to link the oilsands to the Atlantic coast belatedly recused itself amidst enduring questions as to its independence.

In hindsight, that should have happened as soon as news surfaced earlier this summer of private meetings between panel members and

ability to the process. Further down the road, it would make a pro-Energy East NEB recommendation harder for Trudeau to dismiss.

But for pipeline proponents, the latest developments also offer an opportunity to once again try to prod Trudeau himself into action. Mulroney, for one, should know better than to flog that particular horse.

The current prime minister does have an enviable amount of political capital. But then, so did former Quebec premier Lucien Bouchard when he took on the role of chief lobbyist for the shale gas industry in Quebec a few years ago. Not only did Bouchard fail to advance the argument, he also left a lot of his credibility on the

battlefield.

And then, the dynamics of a top-down prime ministerial effort to rally support for a pipeline in the name of nation-building would be more akin to the ill-fated constitutional rounds that took place on Mulroney's watch than to the trade negotiations that led to the FTA and NAFTA.

If there is one former prime minister who should know the limits of the persuasive powers of a top-down policy consensus, it should be Mulroney. He and his government succeeded twice in securing unanimous provincial support for two successive constitutional accords.

Within a year of the negotiation of the Meech Lake accord in 1987, premiers of a different constitutional persuasion had replaced Mulroney's allies in New Brunswick and Manitoba. And no amount of establishment support from virtually every quarter of Canadian society could salvage the subsequent Charlottetown accord from the fury of voters.

Back when Mulroney and the premiers set out to proactively redress Quebec's constitutional grievances, the sovereignty movement was at low ebb. These days it is similarly at a loss for an issue with enough popular traction to restore its momentum.

Anyone who is close to the Quebec scene can testify that a show of federal force on Energy East could be the answer to the sovereigntist prayers for optimal conditions for a return to power of a majority Parti Québécois government and — perhaps in time — another shot at referendum.

Chantal Hébert is a national affairs writer. Her column appears in Metro on Thursdays.

Suspicion of immigrants is a Canadian value



Desmond Cole

Conservative MP and party leadership contender Kellie Leitch doesn't really want a conversation on Canadian values.

The callous Leitch, who has been insisting lately that we consider a values test for prospective immigrants, simply wants to boost her brand by playing to racist and xenophobic fears of some Conservative party supporters. Modern conservative groups keep questioning immigrants' values because they know their liberal political opponents, who are prone to the same prejudiced scapegoating, will struggle to condemn them.

Many have called Leitch's proposal impractical, since no one person or group can define Canadian values. That's a nice idea, but we know the values our politicians attempt to sell us are a reflection of our colonial, white, British heritage. There are such things as Canadian values, and they explain how our politicians have been peddling a fear of foreigners for the last 150 years.

Suspicion of all immigrants who are not white, or are not members of the former British Empire, is a Canadian value. Canada's founding prime minister, John A. Macdonald, argued that Chinese immigrants to Canada were unfit to vote because they exhibited "no British instincts or British feelings or aspirations." Macdonald didn't need to cloak the authority of the state in the language of wanting a "conversation" about immigrants; in his time, there was no conversation to be had.

Assurances that we no longer live in the 19th century

are beside the point. Every politician from Macdonald to Leitch has been able to bank on significant support by distinguishing between British or Canadian values and those of everyone else. Yes, even many newer immigrants echo these suspicions of outsiders' customs or beliefs. They may hail from countries that our government is wary of. The pressure on these newcomers to conform — to validate the wisdom of the system that chose them, to scrutinize those who come after them — must be overwhelming.

Leitch may not win her leadership contest, but the fact her naked appeal to prejudice can still spur "debate" in this country says it all. Polls suggest a majority of Canadians agree with Leitch's call to screen immigrants for good values. Few of us really care about the content of the questionnaire. What we care about is our very Canadian right to demand that immigrants be scrutinized against the comfort and well-being of those already established here.

Conservatives are more likely to support the traditional dominant values openly. It was Leitch who announced a 2015 Conservative campaign proposal to create a "barbaric cultural practices hotline." Prime Minister Justin Trudeau, who has cast himself as being far more progressive on immigration and cultural issues, had little to say about the Macdonaldist snitch line — Trudeau and his party had quietly voted in favour of a Conservative law called the "Zero Tolerance for Barbaric Cultural Practices Act" only four months before the election.

Desmond Cole is a journalist based in Toronto

If there is one former prime minister who should know the limits of a top-down policy consensus, it's Mulroney.

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B.C. author Tilar J. Mazzeo's latest book, *Irena's Children*, is the high-adventure tale of Irena Sendler, a "female Oskar Schindler." The Polish social worker rescued 2,500 mostly Jewish children during the Second World War by hiding them in coffins and smuggling them through Warsaw's sewers, with help from her network of resourceful teenagers.

But none of that was what Mazzeo's teenage stepson was most interested in.

"His favourite was the part about Irena Sendler's dog," Mazzeo said. "It's interesting what kids pick up on — the idea that the dog helped, by barking to distract the Germans."

Irena's Children is coming out Sept. 27 in two distinct versions simultaneously, one for adults and one for young readers 10 and up. That's the one her stepson devoured.

Her work is part of a trend: Publishers are adapting adult titles — both backlisted books and new ones like Mazzeo's — for younger audiences.

It's a strategy to squeeze more revenue out of a single title, and to respond to the demand for good books, especially non-fiction, for middle-grade readers.

"That nine to 12 age is super hard," said Kelly Jensen, an editor at Book Riot and former children's librarian. "You have reluctant readers, and some kids who are super eager readers," whose teachers and parents might not want them browsing the YA shelves just yet, Jensen said.

Young readers' editions of well-known titles might be attractive to publishers because they're "safe picks," for school libraries and classrooms, Jensen added. "It's going to be a good story, you know what it's about, without the topics that would make a parent cringe."

But it has to be done right — and there's a fine line between making material age-appropriate and "dumbing down," she said.

"I look at the young reader editions that are 350 pages and think, 'A 10-year-old's not going to pick that up unless they're super into it. And if they're super into it, they might pick up the adult version,'" Jensen said.

Mazzeo, author of *Irena's Children*, was happy with how her young readers' edition turned out. She adapted it with help from Mary Cronk Farrell, who has extensive experience in YA.

"Part of it is to encourage families to read together," Mazzeo said. "The parents can read the grown-up version and children can read the young readers edi-



The gruesome Holocaust scenes in the adult edition of Tilar Mazzeo's *Irena's Children* (top left) were edited out of the adaptation for young readers (above). CONTRIBUTED

tion. And you can have conversations about important ethical, moral and historical subjects."

The scenes of violence against children were, naturally, left out of the kids' edition. It's not always clear, though, when adaptation tips over into censorship.

For example, Sendler's affair

with a married man is a key plot point in *Irena's Children*, but in the young-reader version the character is just her friend.

"I'm not totally sure, personally, we needed to edit that out," Mazzeo said. "But ... some people would not want their children reading about marital infidelity."



“Children can read the young readers' edition, and you can have conversations about important ethical, moral and historical subjects.”

Tilar J. Mazzeo

"The bigger point was you would not want a child not reading a story about something really heroic that happened in the Second World War simply because of that issue."

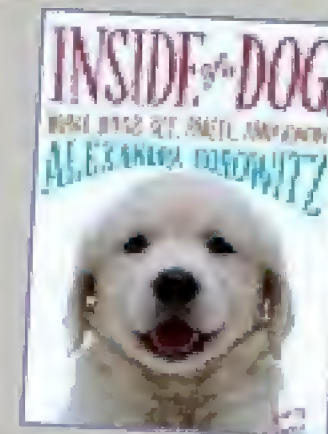
Cognitive scientist Alexandra Horowitz faced a similar challenge while adapting her 2009 bestseller *Inside of a Dog*.

She pushed to keep technical words like "unwelt" — a term for the internal world of a dog. New concepts are an important part of getting excited about a book, Horowitz said. "I've had good feedback so far. Children are torturing their parents with that word."

READ IT

Adult titles that have been adapted for kids

- *I am Malala: Young readers edition* Malala Yousafzai (2014)
- *Inside of a Dog: Young readers edition* Alexandra Horowitz (2016)
- *Far from the Tree, young young readers edition*, Andrew Solomon (forthcoming in 2017)
- *The Omnivore's Dilemma: Young Readers Edition* Michael Pollan (2009)



Big-name novelists getting in on the trend

- *Unbroken, Young readers edition* Laura Hillenbrand (forthcoming in 2017)
- *Da Vinci Code, the YA Adaptation* Dan Brown (2016)



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Hemingway worked his personal brand

THE SUN ALSO RISES ANALYSIS

How writer parlayed personal life into great novels

Ernest Hemingway has a special place in the heart of Torontonians. In the early 1920s he worked for the Toronto Star as a reporter, writing from post-WWI Europe and also Toronto. The brevity of his style and the ability to soak in detail, capture dialogue and explain character were elements he learned as a journalist and were brilliantly transferred to his fiction, as Lesley M.M. Blume describes in *Everybody Behaves Badly: The True Story Behind Hemingway's Masterpiece The Sun Also Rises*. It was Hemingway's first great novel, a roman à clef. Here Blume talks about Hemingway from her home in Los Angeles.

You note, "No one was a better promoter of Hemingway than Hemingway." He had charisma; he was larger than life. He came to Europe at the age of 22 as a Midwesterner with a big outdoor lifestyle and a huge appetite for living. Writers didn't look like Hemingway. He is a guy who breathes the outdoors. He is sexy; he is handsome; he lives in Paris; and in a seemingly unintellectual way, he is

exceedingly intellectual. He is reinventing modern language. It was an intoxicating formula to promoting Hemingway.

In *The Sun Also Rises* you can see the influence of journalism, the brevity, the lack of great swathes of description and subordinate clauses. But he complained about being a reporter.

He protested too much. He didn't hate being a reporter. He hated that it was taking away time from what he considered his real writing. He was terrified someone else would do what he was trying to do in prose and break through before he did.

Hemingway was a really good reporter. He got huge assignments for a rookie reporter. He was 23 and interviewing Mussolini. The confidence of his dispatches, his knowledge of world events and his ability to encapsulate what was happening in Europe is incredible.

Hemingway's journalism did inform his style and gave him a huge amount of material to work with. All his short

stories come from materials he accrued when ricocheting around Europe.

Hemingway wasn't the only one who wanted to strip down Victorian frippery. But he was the first one to do it.

He told one of his editors: 'There is nothing in my work that somebody without a high school education can't relate to.' He also said the highbrow critics "will get what I am up to." He was able to hit both the

high note and the low note.

He could turn on you. Think Gertrude Stein, F. Scott Fitzgerald, his wives, all the people who supported him whom he pushed away.

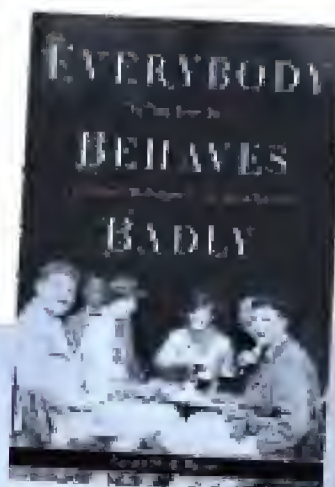
Documenting this period in his life was trying to understand the nature of his charisma that would draw people to him even though he constantly turned on them. The *Sun Also Rises* was strong pub-

lic evidence of Hemingway's ability to turn on those who had helped him. The book was breathtakingly literal. The people he chose as characters were so shrewd and so cool and so accurately reported. Everything you told Hemingway became his property. As Nora Ephron later said: "Everything is copy."

He inspired slavish devotion, even though he was unable to maintain happy

relationships. It was hard for me to understand how he could flip so dramatically; he became a dark, vengeful person. It was challenging to portray that while offsetting it with the enormity of his accomplishments and his ability to inspire. One of his editors asked: "If you could do it over again would you be easier on these people?" And Hemingway said: "Hell no."

TORSTAR NEWS SERVICE



Lesley M.M. Blume dug deep into Hemingway's relationships and life for her book *Everybody Behaves Badly: The True Story Behind Hemingway's Masterpiece The Sun Also Rises*.

CONTRIBUTED

“He inspired slavish devotion, even though he was unable to maintain happy relationships”
Lesley M.M. Blume on Ernest Hemingway

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Curl up this fall with these books

New books are dropping on our desk like falling leaves lately; there are so many good reads to curl up with, but some stand out. We've picked some of our favourites to get you through the season. TORSTAR NEWS SERVICE

SEPT. 19

Andre Alexis, *The Hidden Keys*

In 2015, Alexis won the Scotiabank Giller Prize for his novel *Fifteen Dogs*. This newest is the third in the series of five — a quincunx — where he turns standard story constructs on their head. In this one he was inspired by reading Robert Louis Stevenson's *Treasure Island*, so there is, indeed, a buried treasure of sorts and a cast of characters who go to great lengths to find it.



SEPT. 27

Marni Jackson, *Don't I Know You*

Marni Jackson is familiar to so many Canadian readers through her journalism; now she's written her first novel, a trip through generations of celebrities via one character, Rose McEwan, whose life from the age of 17 is peppered with cameos from Meryl Streep, Neil Young and Leonard Cohen.



OCT. 18

Charlotte Gray, *The Promise of Canada*

As Canada gets set for its 150th birthday next year, historian and biographer Charlotte Gray takes a look at the people who helped shape the country. Another worthy contribution to the celebrations is comedian Mike Meyers.



NOV. 15

Zadie Smith, *Swing Time*

U.K. writer Zadie Smith's new novel is about two friends who dream of being dancers; one of them has talent and one doesn't, but they both pursue their dreams with much different outcomes. Smith's novels tend to cause a stir: her debut *White Teeth* came out to acclaim and *On Beauty* won the Orange prize.

SEPT. 27

Bruce Springsteen, *Born to Run*

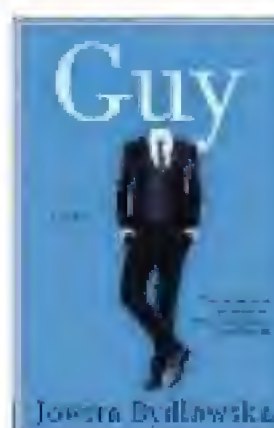
He has spent the last seven years working on his autobiography, according to his publisher. And in it he gives fans everything they are hoping to discover: stories about his New Jersey childhood, seeing Elvis on the Ed Sullivan Show, his bar band days; he wanted to "show the reader his mind."



NOV. 1

Jowita Bydlowska, *Guy*

This darkly funny book gets you from the first page — where Guy introduces women not by their names but by how he rates them: as a four-and-a-half, or a one. The idea is to take a look at a misogynist guy from his point of view, and provide some biting social commentary along the way.



OCT. 25

Stranger, David Bergen

This is a timely story — a young Guatemalan woman working at a fertility clinic becomes pregnant by the American doctor there; the child is taken from her to the U.S., which she enters illegally in an effort to find her. This powerful novel takes a look at wealth, poverty and dislocation.



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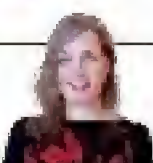
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Dubious miracles make Donoghue 'Wonder'

THE WONDER

Religion plays central role in Giller nominee's newest book

Sue Carter
For Metro Canada



During the summer of 1985, residents of a small Irish town claimed to have seen a statue of the Virgin Mary move.

The event spawned other sightings across the country of divine statues moving, breathing and even crying, drawing thousands of curiosity seekers and devout Catholics in prayer.

Emma Donoghue — author of the international best-selling novel *Room* — was just a teenager at the time but she remembers finding the entire phenomenon embarrassing.

"It seemed to me to be a classic case of mass hysteria," she says. "I found it alarming that at a point when Ireland desperately needed to modernize, instead it was having this medieval flashback."

A dubious miracle also drives Donoghue's new novel, *The Wonder*, which was long-listed last week for the Scotiabank Giller Prize.

Set in 1850s Ireland, a young devout Catholic girl named Anna O'Donnell hasn't eaten for months, believed to be subsisting on manna from God.

As her notoriety increases,



Emma Donoghue was inspired by the story of a small Irish town that claimed a statue of the Virgin Mary moved. HANDOUT

a village committee hires Lib, an English nurse who was trained by Florence Nightingale, to ensure Anna isn't sneaking in food and that she is indeed a miracle.

When Anna's health begins to rapidly deteriorate, with her teeth falling out and a downy hair covering her body, skeptical Lib finds herself up against those who would willingly let the child die in the name of religious fanaticism.

Donoghue was initially inspired by the stories of Fasting Girls, which took place between the 16th and 20th centuries, where a group of

women, young and old, survived without food for inexplicably long periods of time.

"I've always been intrigued by cases of people who are very powerless yet end up becoming famous or lauded or put on show," she says.

While Donoghue often bases her historical fiction on true events, she decided not to focus *The Wonder* on any particular person. Some stories she found too sad, while others were obvious hoaxes so ridiculous she would have ended up writing a comedy.

Although Anna's situation is certainly extreme,

Donoghue has observed that ideals of contemporary femininity — of being "ladylike and dainty" — have not changed much over the centuries, which is perhaps why many of the 50 fasting cases on record were young women.

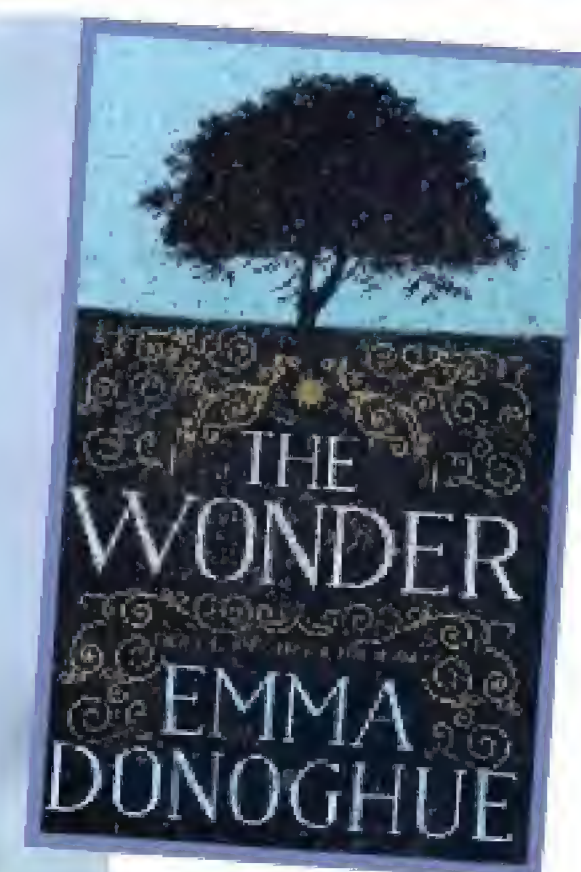
"It's the idea that femininity is defined through not showing your appetites for sex or food or power," she says. "Obviously there are very particular factors going on in the case of the one I've written about. It's very much to do with Ireland and Catholicism, but there's also a more universal message to

teenage girls to be good and be small."

While the church certainly doesn't get off easy in her novel, Donoghue's intention with *The Wonder* was not to directly attack Catholicism, but rather to point out the dangers of fundamentalism.

"Really, you could have set this novel in many extreme religious communities, with the emphasis on purity and goodness and rules, pleasing the adults around you and pleasing God though the virtues of sacrifice and suffering and endurance," she says.

"The Irish have always defined themselves as the



“

I've always been intrigued by cases of people who are very powerless yet end up becoming famous or lauded or put on show

Emma Donoghue

people who have suffered, the people who have starved, endured, and so I think Anna's national identity as much as her religious one is all muddled up with the glories of suffering. That strand of what I would call Saint Theresa Catholicism: I found that a dark and fascinating world to write about."

LASIK MD

VISION

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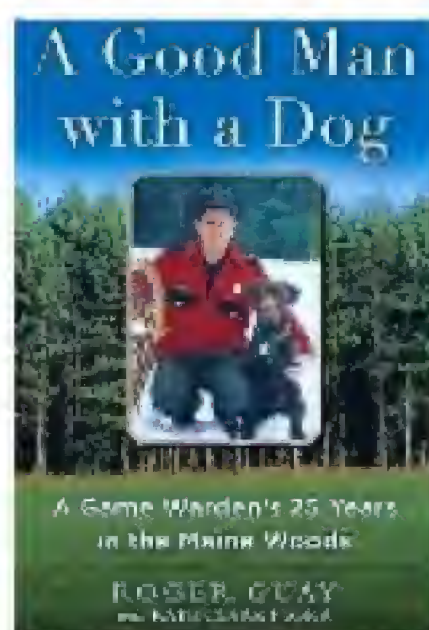
5 BOOKS ALL ABOUT OUR FOUR-LEGGED FRIENDS

Dogs — heroic and loyal, neurotic and naughty — are off the leash in these new books about canine culture. **TORSTAR NEWS SERVICE**



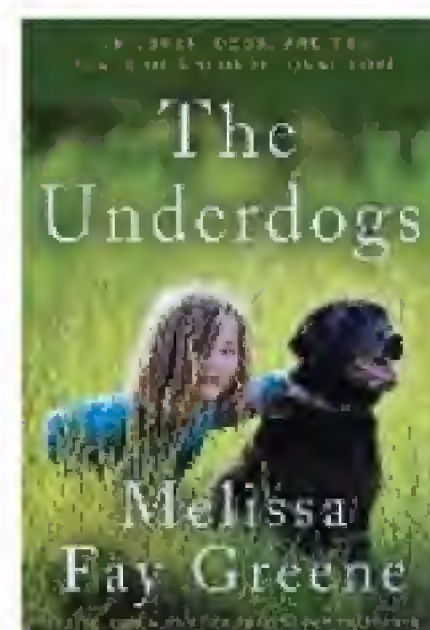
1 Science

What Is a Dog? Raymond and Lorna Coping — both of whom are biologists who specialize in *Canis familiaris* — set out to answer this complex question in this scholarly but accessible book recently published by the University of Chicago Press. They focus on the evolutionary and geopolitical, but expect a strong bioethical underpinning as well. It's a fascinating look at dogs: did you know, for example, that worldwide there are less than 200 million dogs living as pets — but four times as many are skilled scavengers who have created independent lives scavenging in the vicinity of humans?



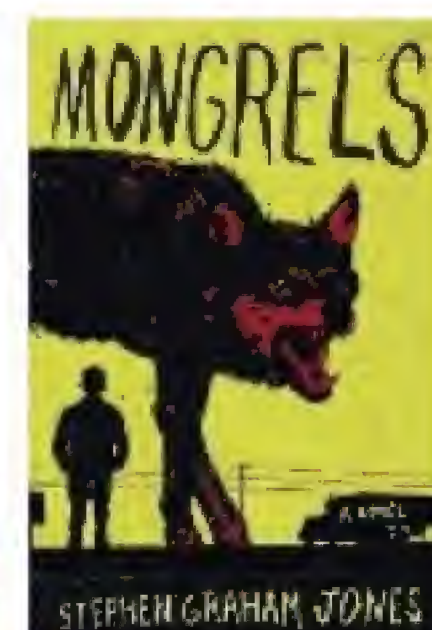
2 Memoir

Roger Guay is a K9 master trainer, and in his eventful memoir — co-written with **Kate Clark Flora** — he acquaints us with his relationship with dogs over a quarter century. **A Good Man With a Dog: A Game Warden's 25 Years in the Maine Woods** opens with Guay, his Labrador retriever, Rader, out corpses in New Orleans six weeks after Katrina.



3 Non-fiction

In her sixth book, **The Underdogs: Children Dogs, and the Power of Unconditional Love**, **Melissa Fay Greene** explores the empathy between children and dogs through the stories of several seriously disabled youngsters whose emotional and physical lives have been transformed through the kid-canine connection.



4 Fiction

The narrator of **Stephen Graham Jones' Mongrels** is a mixed-blood kid who is part human, part werewolf. His uncle, Darren, and aunt, Libby, "shifted" when they were 10. He's just a bit younger when we meet him and he's hoping that his wolf side asserts itself soon. This is a coming-of-age tale, with a fully realized taxonomy of what it means to be a werewolf.



5 Health

Nicholas Dodman, author of *The Dog Who Loved Too Much*, *Dogs Behaving Badly* and *The Well-Adjusted Dog*, is back, and this new book, **Pets on the Couch**, includes all sorts of animal patients, but most of them are dogs — including dogs with seizure disorders, aggression, PTSD, anxiety and dementia.

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Oliver Stone to the NSA: 'They can put me in jail'



Oliver Stone at the red carpet premiere of *Snowden*. GETTY

SNOWDEN

Director isn't afraid to say what he thinks at TIFF

Luba Egorova
For Metro Canada

Oliver Stone — who recently announced he's absorbed with everything Russian and is making a documentary on Vladimir Putin — sat down with Metro's Luba Egorova at TIFF to talk about his film *Snowden*.

Edward Snowden divides opinion. Some consider him a traitor, others a patriot. In the film you depict him as a hero and actually put an end to this dispute by justifying his actions. Why didn't you present the other point of view?

There is another point of view in the movie — it's the National Security Agency.

But they look like bad guys... Not all of them. I think it is possible to understand them. For example, Snowden's boss says you don't have to share the views of politicians to be a patriot. He is opposed to the war in Iraq. In his point of view, it is complete nonsense. He believes people prefer surveillance instead of freedom.

This is how he justifies the actions of the agency — there's no third world war thanks to their work. He thinks the only way to keep this security in the heyday of technology, cyber attacks and viruses is through total surveillance. And the main enemies are Iran, China and Russia. He eloquently explains to Snowden that security is a victory, which are the same views that (former NSA director) Michael Hayden had. And many Americans do not care about their rights, their freedom — they are satisfied with security. But I do care. Somehow they forget their security before September 11 — they messed up, because of being stupid. They had a lot of intelligence, but it was fragmented. They just could not see the whole picture. I suppose Russians wouldn't have made that mistake. When it comes to terrorism, Russians are ruthless. Moreover, the National Security Agency often makes public statements. Being a secret service, it is advertising its activities. Or how else would they receive money for their programs? One of the characters had three million, and then the budget increased to three billion. And he says that the NSA operates in the interests of military-industrial complex. That's why I did not think it is important to focus on the "other point of view," but it's there.

TIFF MIDNIGHT MADNESS

Filmgoers pass out at screening of *Raw*

Rebecca Williams
Metro Toronto

Even those who love gory movies have their limits, and it seems a tale of a "cannibalistic coming of age" is one movie some found hard to stomach.

Paramedics were called to the Ryerson Theatre early Tuesday morning after multiple audience members passed out during a midnight screening of the can-

nibal film *Raw*.

"An ambulance had to be called to the scene as the film became too much for a couple of patrons," film festival exec Ryan Werner told the Hollywood Reporter.

The French-Belgian film from director Julia Ducournau premiered at a Midnight Madness screening, known for featuring intense thrillers and graphic horror movies.

It seems *Raw* fit the bill.

But there are some questioning whether the fainting film festers were legitimate or planted in the theatre by a very creative marketing team.

On Twitter, @AWolfeful wrote 'I hope some marketing genius paid these people to pass out...'

According to the festival website, *Raw* tells the tale of a vegetarian veterinary student who "develops an insatiable lust for flesh as the result of a gruesome hazing ritual."



A still from *Raw*. CONTRIBUTED



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Confirm your attendance and program of choice by visiting the events calendar at sait.ca, calling 403.284.8367 or emailing construction.info@sait.ca.



Gosling on fame and all that jazz

LA LA LAND

Canadian actor reflects on his own success in L.A.

Steve Gow
For Metro Canada



Ryan Gosling should become an annual fixture at the Toronto International Film Festival. After all, he's premiered such hits as *Blue Valentine* and *Drive* here, and now that the London, Ont.-born actor is back, he's once again brought a certain buzz to the city.

"It's great to come home," said Gosling, gazing out the window of a top floor in the Ritz-Carlton hotel.

"I left Canada so I could make movies in Los Angeles so it feels good to bring those movies home."

This latest film must feel particularly pleasing for him to present to Canada.

After all, it's about his adopted home, Los Angeles — where he moved when he was merely 16 and since found monumental movie stardom.

An audacious musical about the romance between an aspiring jazz musician and an impassioned actress (Emma Stone), *La La Land* has been turning heads with its catchy musical numbers and big-screen charm.

But amongst the spectacle, Gosling should also be singled out for learning jazz piano prior to filming.

"I dove right in — I always



Ryan Gosling and Emma Stone are two artists trying to chase their dreams in L.A. CONTRIBUTED

wanted to play piano and what an opportunity to spend three months with a great tutor playing music that you like," said Gosling, who admits to having lost his chops since.

"Some of the pieces I could still play but jazz is very, very difficult."

The musical, which has been enchanting Toronto audiences and finding itself on the top

of many critics' Oscar-favourite lists, balances fantastic set pieces with themes of risk and rejection, elements every

struggling actor in Hollywood knows well — except maybe the 35-year-old thespian.

"I didn't know any better,"

"I didn't have any real frame of reality (so) in my mind it was possible."

Ryan Gosling on arriving in L.A. when he was 16 years old, to pursue an acting career

recalled Gosling of his early ambition in Tinseltown.

"I didn't have any real frame of reality (so) in my mind it was possible."

"If I had gone later in life, I don't know if I would've gone."

"But I certainly don't think I would've put myself out there in the way I did."

While the Oscar-nominee credits his conviction for suc-

cess in showbiz, he admits it's not always been an easy ride. Even with the luck he's had, Gosling still feels every role is a risk.

"It's always a crap-shoot," said Gosling.

"Although with this I have to say that it felt like if it was as fun to watch as it was to make, we would have something that worked."

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BRINGING SEXY BACK WITH BRITNEY? A musical reunion between **Justin Timberlake** and **Britney Spears** could be in the works after the singer said he's up for collaborating with his ex-girlfriend. Spears said "Justin Timberlake is very good" last month while discussing who she would like to work with one day. When informed of Spears' comments, Timberlake told E! News on Tuesday at the premiere of his Netflix concert documentary in Toronto that he "absolutely" would like to work with her, adding "I'm accessible, give us a call." **LIZ BEDDALL/FOR METRO**

GOSSIP BRIEFS

Evangeline Lilly to emcee Rock Against the TPP

Canadian actress Evangeline Lilly is adding her voice to a chorus of advocacy and labour groups in denouncing the controversial Trans-Pacific Partnership deal. The star, best known for her role in the hit TV series *Lost*, will be emceeing the Rock Against the TPP show in Toronto on Friday, the touring event's only Canadian stop. Lilly, who is Canadian but lives in the U.S., called the TPP a "back-door way for multinationals to squeeze things into law" without the usual public scrutiny. **THE CANADIAN PRESS**



Fresh Laundry's interior has a cool minimalist vibe. Below: Aesop, a cult brand, is found on the store's shelves. **COURTESY OF FRESH LAUNDRY**

#YYC INDEX

The Kit Compact—Canada's fave beauty and style brand—checks out Calgary's hottest style destinations

THE ADDRESS:

FRESH LAUNDRY, 1216 9TH AVE. S.E.

Inglewood's Fresh Laundry, a super-cool concept shop that opened last summer, is already beloved by the style set for its beautiful bath and body prods, linens, scents and design objets d'art. We chatted with equally cool owner Lisa Davies about her inspo.

What inspired you to open the boutique? "We realized over the years that there are so many beautiful apothecary and skincare brands being created. Originally, we wanted to house them all within our nearby shop, the Uncommons (1325 9th Ave. S.E.), but they didn't really fit. We thought that a store dedicated to these brands would make the most sense."

What makes Fresh Laundry unique? "We're always trying to find well-made and well-designed product lines that we're truly inspired by, like Morihata, Herbivore Botanicals and Page Thirty Three."

Which brands are you most excited about? "All of them! We have some really amazing ones that will be in the store in the near future. The most recent addition that we're so excited about is Aesop skincare. We've been carrying the hair care and the body care for the past year but have just expanded." —*Melanie Morris*



Miley Cyrus announces her red-carpet revolt

INTERVIEW

Star says when people are starving, walk feels like a 'skit'

If a celebrity doesn't walk a red carpet, are they still a celebrity?

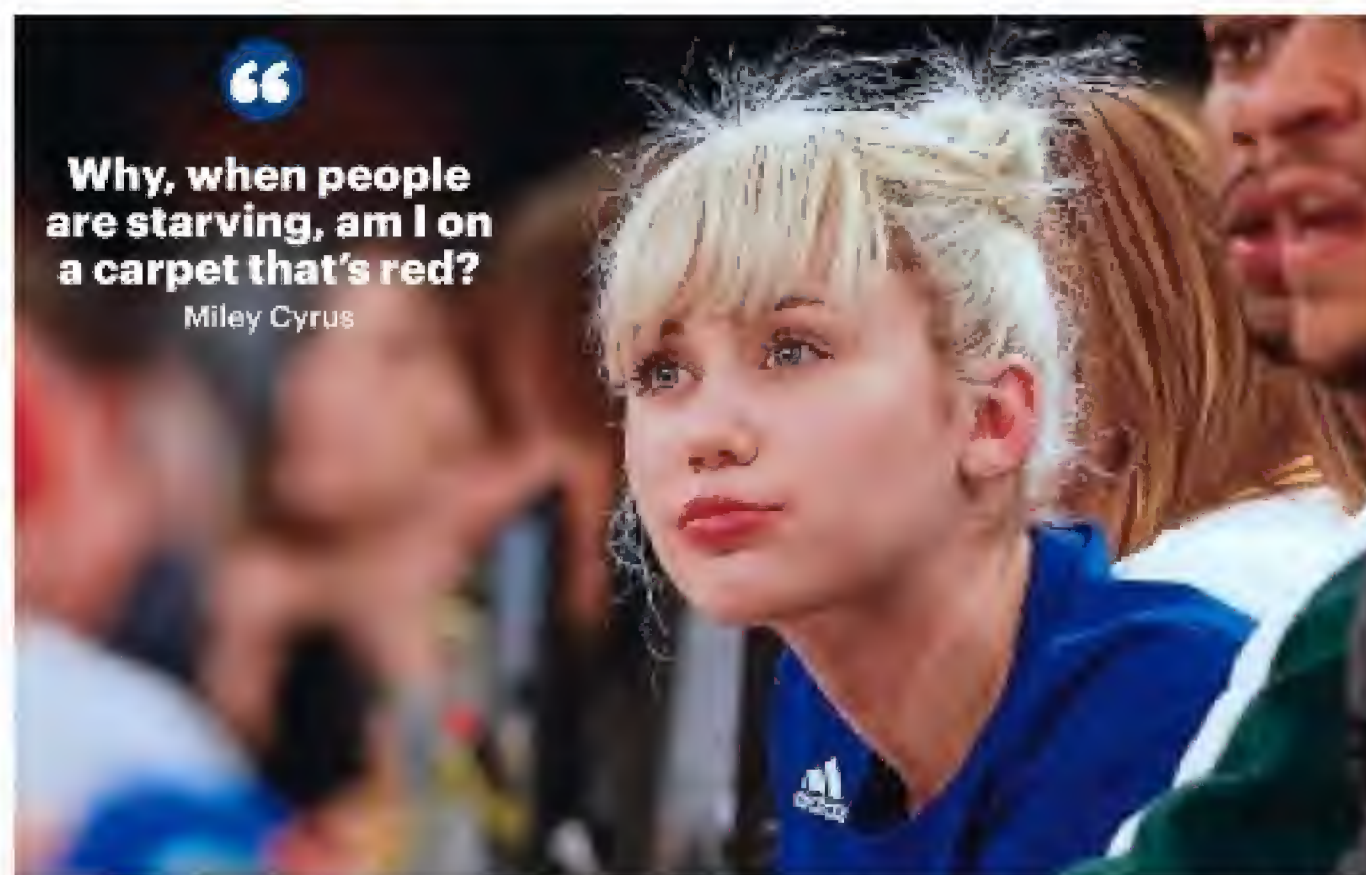
In the next phase of her career, that's the bold question Miley Cyrus will face after her unprecedented vow to "never do a red carpet again."

With Hollywood's awards season kicking off at Sunday's Primetime Emmys, will other celebs sidestep the frenzy and follow Cyrus off the carpet? In show business, such a daring declaration could have implications beyond what's beneath those designer heels.

In recent years, media she-nanigans on red carpets have prompted push-back from such A-listers as Julianne Moore, Reese Witherspoon and Jennifer Aniston.

Last awards season, they opted against sticking their well-manicured and bejeweled hands in front of E!'s "mani-cam," while younger actresses like Jena Malone and Elizabeth Moss publicly mocked the paw parade.

Cyrus last appearance on a red carpet was back in December at the premiere of the Netflix film *A Very Murray Christmas*.



“Why, when people are starving, am I on a carpet that's red?”
Miley Cyrus

Singer and actress Miley Cyrus hasn't walked a red carpet since December for *A Very Murray Christmas*. She now criticizes the flashy tradition — “it's like Zoolander,” she says. **GETTY IMAGES**

Cyrus ominously captioned an Instagram photo of herself posing on it: “[hashtag]mylastred-carpet4eva.” Apparently, she meant it.

“I had to do the premiere, and I will never do a red carpet again,” the singer-actress said in the October issue of *Elle* magazine, out Wednesday. “Why, when people are starving, am I on a carpet that's red? Because I'm ‘important’? Because I'm ‘famous’? That's not how I roll.

It's like a skit — it's like *Zoolander*.”

Stacy Jones, president of entertainment marketing agency Hollywood Branded, said stars who shun the red carpet lose fame and fortune. She expects Cyrus, who is appearing as a coach on the latest season of the NBC singing competition *The Voice* and starring in the upcoming Amazon series *Crisis in Six Scenes*, will likely miss out on future roles and deals because

of her decision.

“It's part of the job,” said Jones. “In today's world, when you sign up to be a celebrity, you're signing up to be in the limelight. You're going to be in gossip columns and have paparazzi follow you. You will have fans idolize you. It's damaging to your career and people you work with to say you won't be part of the glitz and glamour that comes along with the job.”

THE ASSOCIATED PRESS

THE MUST-DO: ART SHOW

Canadian artist Larissa Fassler has been living in Berlin for years, creating innovative paintings and sculptures that riff on the relationship between people and places. Check out her first major Canadian exhibition when it opens at the Esker Foundation (1011 9th Ave. S.E.) on September 17.



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FROM THE EDITORS OF **THE KIT**
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Home sweet realistic first home

MORTGAGE BROKERS

Find out what you can afford before you go house hunting

Jason Menard

For first-time home buyers, information is key — but having the right information can make all the difference.

"A good number of first-time home buyers will look at the marketplace first then go to a broker," explained Paul Taylor, president and CEO of Mortgage Professionals Canada. "There may be a disconnect between what they want and what they can afford."

Instead, it may be more beneficial for new home buyers to determine what they can afford — and make a realistic plan based on existing debt and contingencies. Taylor said brokers can help in that process.

"Generally, people will make assumptions on the amount of debt that they're comfortable with and able to afford," he said. "A broker will walk you through your debt — student loans, credit card debt — and provide you with a realistic price range."

Jonathan Rotondo, senior media relations officer, Canada Mortgage and Housing Corporation, pointed to the 2015 First-Time Homebuyers Survey, which showed that first-time buyers are not as confident as repeat buyers, have a lower understanding of mortgage options, and were more likely to find the process challenging. They tend to turn to brokers and lenders for advice (more than 70 per cent) — and getting that help improves their success.



First-time home buyers improve their success if they turn to brokers and lenders for advice, according to a 2015 survey. iStock

There may be a disconnect between what first-time home buyers want and what they can afford

Paul Taylor, president and CEO of Mortgage Professionals Canada

process challenging. They tend to turn to brokers and lenders for advice (more than 70 per cent) — and getting that help improves their success.

"Overall, our survey indicated that most first-time buyers [78 per cent] are satisfied with their experience," Rotondo explained. "Advice from

mortgage professionals can be of great help to first-time buyers, and help increase their level of understanding of mortgage options and satisfaction with their mortgage professional.

"For example, providing advice on long-term mortgage strategies can increase their level of understanding of the mortgage options available by up to 83 per cent, and their level of satisfaction with their mortgage professional by up

to 85 per cent."

In addition to improving satisfaction, Taylor added that turning to professionals for your first time can help improve the bottom line.

"This will sound biased because of my position, but mortgage brokers really do save Canadians money," he said. "I don't expect everyone to believe me and I understand skepticism, but I encourage everyone to explore their options when it comes to mortgages."



+ TECHNOLOGY

Use apps and calculators to boost expert advice

With today's technology, the power to buy a home is literally in the palm of your hand. But mobile applications and calculators should be used to help support the process — not be the be all and end all.

Mortgage calculators and apps are a useful tool to help in the home buying and mortgage shopping process. However, they should be used in tandem with advice from financial and mortgage professionals," explained Jonathan Rotondo, senior media relations officer, Canada Mortgage and Housing Corporation. "Most banks and financial institutions offer calculators or apps."

"Given this decision-making process is personal and based on an individual's particular and unique situation, it really comes down to finding and using the tools that best fit your needs." JASON MENARD

HOUSING FINANCE

Tend mortgage options to encourage financial growth

Getting a mortgage can be stressful, which is why many tend to not want to continually revisit the process. However, there may be benefits to you if you look at mortgage maintenance as a vital part of your financial health.

"The majority of people probably do just set it and forget it," explained Paul Taylor, president and CEO of Mortgage Professionals Canada. "We recommend always looking at options."

There may be value in talking to a broker or lender to see if there are other options available. If you have a mortgage with a higher interest rate than the current rate, it

may be worthwhile to look at changing the terms of your mortgage — even if there are fees or penalties.

Some people also look at paying down mortgages earlier, but Taylor said that may or may not be the right choice.

"It's really about individual circumstances," he said, adding that there's a bit of a generational divide in that more mature mortgage holders tend to prioritize paying down their mortgage, whereas younger home owners tend to have a higher threshold for debt tolerance. Regardless, he said it's important to get the right information when making a decision.

"Is it better to pay more on your mortgage, or take those extra funds — if you have them — and invest elsewhere? That's very much up to the individual and their situation," he said. "It's important to get expert advice — whether that's from a financial advisor or a broker — to make a decision that's right for you."

Jonathan Rotondo, senior media relations officer, Canada Mortgage and Housing Corporation, said it's important to make informed housing finance decisions.

"Take the time to plan and review your mortgage options, terms and conditions and prepare yourself for managing

your mortgage," he said. "Consider a lesser mortgage amount than the maximum you can afford; evaluate the impact of an increasing interest rate on your monthly payment; plan to be mortgage free faster and create a 'cushion' in case of unforeseen financial difficulties; and seek help if you have difficulty making your mortgage payments."

This also extends to those looking at using home equity to pay down debt or reinvest into their homes. "A broker will work with you to walk through the options based upon your own life circumstances," Taylor added.

JASON MENARD



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DUKE AT MISSION



CONTRIBUTED

Project overview

Currently under construction, the Duke at Mission brings modern flair and rugged edge together in town-homes and condos inspired by loft-style apartments. These homes feature contemporary style with stylish finishes, welcomed by a signature entrance courtyard.

Housing amenities

The one of a kind entrance courtyard is only the beginning and each home comes with one titled underground parking stall and storage. The building also boasts a bike rack out front and ample beautiful greenspace to share with your neighbours.

Location and transit

Located at the heart of Mission's Cathedral district, Duke is the local hub for urban living, with easy access to restaurants, shopping, the Talisman Centre and the Elbow River park and pathway system. There are a number of bus routes in the area and the C-train is just a short walk away.

In the neighbourhood

With 17th Avenue just a short walk away, there is access to loads of popular restaurants, shopping and coffee shops as well as the Scotiabank Saddledome, the Talisman Centre and the Elbow River. Located in the heart of Mission, there is no shortage of unique shops and eateries just a walk away. KRISTA SYLVESTER/FOR METRO

NEED TO KNOW

What: Duke at Mission by Avi Urban
Builder: Avi Urban
Architect: AV Architecture
Interiors: N/A
Location: Located at 110 18th Ave. S.W.
Building: Four-storey wood frame building
Sizes: Between 549 sq. ft. to

1,563 sq. ft.
Pricing: Prices range from \$275k and up
Suites: One bedroom apartment style condos to three bedroom townhomes
Status: Under construction
Email: duke@homesbyavi.com
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Creating a cocktail-party friendly space

DECOR

Entertaining is easy with the right setup

Vicky Sanderson
For Torstar News Service

Television shows such as *Downton Abbey* have fuelled a more formal approach to pre-dinner drinks, while others, such as *Mad Men*, have helped revive the cocktail party. Whatever your style, it's easy to carve out a space that can accommodate cocktails for a small crowd or tipping tête-à-têtes with a special friend.

Any corner of a den, rec room or family room can be designated for drinks. It's also easy to define a cocktail area with a room divider, such as shelving. Shelves have the added advantage of allowing you to easily switch up décor and accessories seasonally. In summer, for example, stacked shelves filled with plants create an outdoorsy feel.

In a small-footprint space, consider making a bar cart do double duty. When not in use for drinks, it may sit in the narrow front hall of a condo, as a spot



Pick comfy seating but not too comfy — you don't want you guests passing out on the couch after a cocktail or three. iStock

to hold purses, mail, keys and electronic devices. In a bedroom, it can serve as an everyday perch for lotions, perfume and jewelry.

Soft and indirect lighting is conducive to conversation and cocktails. Consider installing a dimmer switch on an overhead light in the area. LED strings can be threaded through indoor plants, either faux or real, or nestled in a bowl for pretty ac-

cent lighting.

Any space designed to encourage conversation will revolve around seating. Choose something comfortable with slim arms and legs that's not overly deep, wide or cushiony. The combination of those three elements with the effects of a martini or three, could turn the before-dinner drinks into naptime.

Toss cushions add comfort and

colour. When shopping for them, don't forget to look in the patio department of mass merchants such as Lowe's, which this year has a lovely selection of high-quality patterned cushions that work indoors or out.

Ideally, each seat should be within easy reach of a piece of furniture on which a glass can rest.

If that's not doable, add cock-

tail tables, or a firm ottoman with a tray placed on top.

Cut the need to run back and forth from the kitchen by using a console with concealed storage that can hold small plates, napkins and glasses, such as a sleek teak piece from Artemano's new Intan line.

Compact but prettily proportioned, it gives a nod to mid-century modern design with-

+ IMPROV

If your budget doesn't run to dedicated serve ware such as an ice bucket, simply fill a pretty bowl or clean, generously sized plant pot with ice and let it do the trick.

out looking kitschy, and it plays nicely with contemporary soft furnishings.

As we move closer toward fall, retailers will bring in more and more cocktail ware.

This season, go for the gold: HomeSense, for example, is selling cocktail shakers, jiggers and swizzle sticks in various gold shades, from matte bronze to pink-tinged tones. All work well with vintage china or small plates in black or crisp white.

In small spaces, opt for a foldable wine-cooling sleeve that can be stored in the freezer. Trudeau's Maison line has an attractive, colourful sleeve that cools a bottle in just five minutes.

Look, too, for coasters and accessories that feature agate, or which mimic the look, as stone motifs are expected to come on strong over the next several months.

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A DIY home project to cheer for

CRAFTING

This pompom blanket is cute and practical

Pompom blankets are a classic find in the souks of Morocco. Celebrated for their handcrafted woven beauty, you'll also spot them in an endless stream of Instagram-worthy spaces.

Whether they're used as a traditional bedspread or as a cozy throw to curl up with on the sofa, it's easy to craft your own version using do-it-yourself pompoms and a purchased blanket.

Step 1: Gather supplies

We used super bulky yarn for this project. The advantage of this type of yarn is that it can result in a larger, fluffier pompom in less time.

It's also easier to separate the strands of yarn to fluff them out when it is thicker. Two skeins of bulky yarn make approximately 12 pompoms depending on size.

The pompoms are easy to attach to the blanket. If you're using a blanket with an open weave, you won't need the needle and thread. You'll easily be

able to tie the pompoms to the edge. If you are using a blanket with a tighter weave, like the blanket we used, you will need to sew the pompom to the blanket.

We used a vintage blanket found at a thrift shop but you can pick up a throw from most home décor retailers.

You'll need:

- Yarn — super bulky, two skeins
- Scissors
- Blanket or throw
- Cardboard
- Embroidery needle
- Embroidery thread

Step 2: Start wrapping!

We're sharing two ways to make a pompom. The first method uses a piece of cardboard. The second method uses your hand. Cut a piece of cardboard for wrapping the yarn. The wider the piece of cardboard, the larger the pompom will be. Wrap the yarn around the width of the cardboard until you achieve

SUPPLIES

We used a vintage blanket found at a thrift shop, however, you can pick up a throw from most home décor retailers.



Pompom blankets are great to curl up with on the couch — or take it to your freezing office.

DEBRA NORTON/FOR TORSTAR NEWS SERVICE

desired thickness. We wrapped the yarn around approximately 30 times. It all depends on thickness of yarn.

Step 3: Tie it up

Cut a piece of yarn long enough to tie around the middle of the wrapped yarn (approximately six inches). Lay the yarn on a table and carefully slide the wound yarn off the cardboard onto the

piece of yarn. Tie the piece of yarn around the middle of the wound yarn, very tightly.

Step 4: Make the pompom

Hold the two pieces of loose

string from tying the pompom. Using sharp scissors, on one side of the pompom, start cutting through the loops of yarn. Repeat on the other side. Ensure all of the loops are cut. Do not cut the loose yarn strings or the yarn holding the pompom together.

Step 5: Fluff and trim

After cutting through all the loops of yarn begin separating the strands and fluffing the pompom. Trim away extra yarn to create a ball. Keep trimming and fluffing the pompom to achieve the desired shape.

Step 6: Attach the pompom

If you are using a blanket with a tight weave you will need to sew the pompom to the blanket. To do this, thread an embroidery needle with embroidery thread. Knot the end of the thread. Thread the needle through the pompom, where it is tied, and sew the pompom to the blanket. If you are using a blanket with an open weave, simply tie the pompom to the blanket. Thread the uncut yarn pieces through an open weave at the edge of the blanket and tie.

TORSTAR NEWS SERVICE



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GET YOUR NEW FLOORING DONE IN DAYS

If you're getting new floors in your home, you should expect fast, high-quality installation, says Sandy Sangster, owner of Calgary Flooring Designs, a provider of high-quality flooring options in Calgary.

"I've heard stories of customers for other companies having to wait six months for their new floors to be installed," she says. "That's just not right." The Calgary Flooring Designs team gets ordering and installation done fast.

Customers can visit the company's gallery to browse one of the largest selections of quality flooring in Calgary, including hardwood, engineered hardwood, carpet, laminate and tiles.

Expert sales staff are there to help you find exactly what you need for your purpose, style and budget. Once you decide on the flooring that's right for you, the team will provide you an estimated timeline, from ordering to shipping, delivery and installation.

"As a customer, you should expect your installation within about 10 days from your time of purchase," Sangster says.

A few special flooring options take more time, of course. "You might wait for three weeks for hardwood because most of it comes in from Quebec, or a few months if you're ordering a custom-made area rug from Europe," Sangster explains. "But we will always tell you what timeline to expect from the very beginning, so you can plan your life."

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'We're rock bottom'

MLB

Jays suffer 4th straight series loss, say morale is still high

Marco Estrada's words were confident and optimistic, but the soft tone of the Toronto right-hander's voice and glum look on his face told a different story as he tried to explain the Blue Jays' recent skid that continued Wednesday with a demoralizing 8-1 loss to the Tampa Bay Rays.

"Our team morale is still high, guys are picking everybody else up every inning," Estrada said following the loss that knocked Toronto down to third place in the American League East.

"It's just hard to explain this," Estrada said, his gaze often finding the floor as TV cameras flashed brightly on his face. "I guess when things are going bad they stay there for a bit. But the good thing is we can only go up from here. I know things are going to change. I know time is running out but things are going to change. We're too good for it not to."

The loss capped a 2-4 stint at Rogers Centre that included a crucial ser-

WEDNESDAY In Toronto



ies loss to the Boston Red Sox.

September has been a disaster for the Jays, who opened the month with four series losses for the first time this season. They have won just three of their last 12 games and are two games behind Boston for first place in the AL East after the Red Sox fell 1-0 to Baltimore Wednesday night. Toronto had held sole possession of the division lead as recently as Sept. 5.

"I've got to believe we're rock bottom," manager John Gibbons said. "I don't see how much lower it can go. So I'm optimistic that this will turn and turn in a hurry."

The Blue Jays will need it to if they hope to make a



Blue Jays starting pitcher Marco Estrada and catcher Dioner Navarro couldn't solve the Rays after a dominant first three innings on Wednesday. CARLOS OSORIO/TORSTAR NEWS SERVICE

second straight post-season appearance.

Toronto begins what could be a tough seven-game West Coast road trip Thursday in Los Angeles followed by a three-

game stop in Seattle.

The lowly Angels, behind the power of Mike Trout and Albert Pujols, won two of three games against the Jays at Rogers Centre in August. The Mariners, meanwhile, are not far removed from an AL wild-card spot and took two of three at Toronto in July.

Estrada (8-9) dominated the first three innings Wednesday, retiring the first nine Rays he faced and setting a franchise record by opening the game with five straight strikeouts. But as the game wore on, the Blue Jays' struggles began peek-

ing through.

They managed just two hits on the day — matching a season-low — while giving up 13. They failed to score more than three runs for the 21st time in their last 41 games.

Estrada maintained that despite the Blue Jays' current state, no one in the clubhouse has given up — not yet, anyway.

"We're fighting. We're fighting for sure," he said. "I don't think anybody's down. Not yet. But we need to turn this around before anybody does get down." THE CANADIAN PRESS

WORLD CUP OF HOCKEY

Canada bests Russia in overtime

Ryan Getzlaf beat Sergei Bobrovsky on a breakaway at 3:29 of overtime to lead Team Canada to a 3-2 victory over Team Russia in a World Cup of Hockey exhibition Wednesday night.

Bobrovsky made 45 stops, some of them spectacular, but couldn't wrangle the puck when Getzlaf slipped it between his pads during the 3-on-3 extra session.

In Pittsburgh

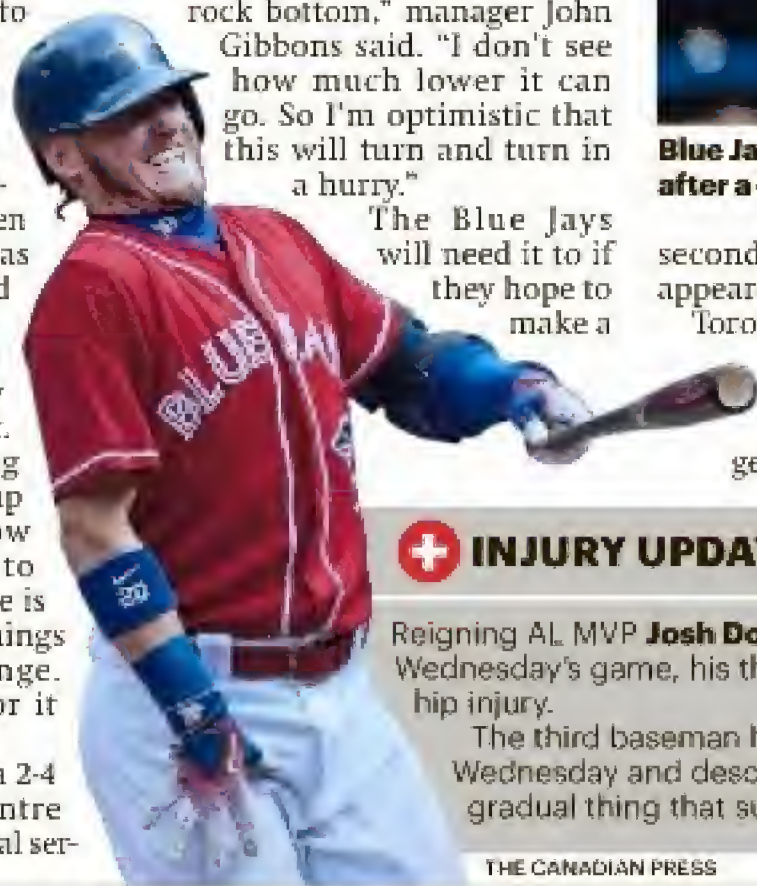


John Tavares and Patrice Bergeron scored for Canada. Pittsburgh Penguins star Sidney Crosby assisted on Bergeron's goal while playing on home ice at Consol Energy Center.

Carey Price had 24 saves for Canada, which finished 2-1 in exhibitions before the tournament begins this weekend.

Artemi Panarin had a goal and an assist for the Russians. Alexander Ovechkin also scored. Evgeni Malkin assisted on Ovechkin's goal to match longtime Pittsburgh teammate Crosby.

The Canadians open the tournament Saturday against the Czech Republic, while Russia begins on Sunday against Sweden. THE ASSOCIATED PRESS



+ INJURY UPDATE

Reigning AL MVP **Josh Donaldson** sat out Wednesday's game, his third straight, with a hip injury.

The third baseman had an MRI Wednesday and described the injury as a gradual thing that suddenly intensified.

THE CANADIAN PRESS

BEACH VOLLEYBALL

Late qualifiers keep momentum going

What a difference a day can make.

Ontarians Heather Bansley and Brandie Wilkerson breezed through their first pool match-up at the Swatch FIVE World Tour Finals, beating Italians Marta Menegatti and Laura Giombini 21-14, 21-12 on Wednesday.

Just 24 hours earlier, they had to win their country quota playoff to get into the tournament's main draw. Bansley and Wilkerson are now sit-

ting pretty at Toronto's Polson Pier, where they can secure the top spot in Pool D with a win over Germans Julia Sude and Chantal Laboureur on Thursday.

In the men's draw, Olympic champs Alison Conte Cerutti and Bruno Oscar Schmidt of Brazil won their opening match 21-18, 21-15 over Alex Ranghieri and Adrian Carambula.

For scores and court schedules, go to swatchmajorseries.com. METRO

IN BRIEF

NHL to introduce concussion monitors

The NHL is revamping concussion monitoring for the upcoming season.

Deputy commissioner Bill Daly says the league will have four concussion spotters watching all games from a centralized location in either Toronto or New York, as well as spotters at each game to check for visible symptoms. Those spotters will have the authority to have players removed from games.

THE ASSOCIATED PRESS

Floro out as coach of men's national soccer team

Canadian soccer has claimed another coaching victim.

The Canadian Soccer Association dumped Benito Floro on Wednesday, opting not to renew his contract in the wake of Canada's most recent failed World Cup qualifying campaign.

Floro inherited a team ranked 88th in the world and 10th in CONCACAF. Canada is currently No. 100 in the world and No. 11 in CONCACAF.

THE CANADIAN PRESS

NCAA

North Carolina loses more title contests

+ NO NATIONALS

On Monday, the NCAA said it was relocating seven of its championships scheduled to be played in the state.

The Atlantic Coast Conference has followed the NCAA's lead and is removing all its athletic championships from North Carolina over a state law limiting protections for LGBTQ people.

The ACC Council of Presidents voted Wednesday to relocate the league's championships until North Carolina repeals the law. The decision includes 10 neutral site championships this academic school year, which means relocating the ACC football title game that was scheduled to be

played in Charlotte in December. No announcement was made on where the championship events will be held.

THE ASSOCIATED PRESS

Sporting's chance not taken in Madrid

CHAMPIONS LEAGUE

Los Blancos right ship late to avoid shock upset in opener

Cristiano Ronaldo and Alvaro Morata scored very late goals as Real Madrid came from behind to beat Sporting Lisbon 2-1 and avoid starting the defence of its Champions League title with a shock defeat on Wednesday.

Ronaldo equalized from an 89th minute free kick against his former club and Morata netted the winner deep in injury time to give the hosts a hard-fought victory in a match which Sporting had largely under control.

"I'm happy with the points. We suffered but never gave up," Real Madrid manager Zinedine Zidane said. "I don't know if the result was fair or not, but it's clear we believed. You have to



Real Madrid allowed its first Champions League goal at home since the 2014-15 semifinals. CURTO DE LA TORRE/AFP/GETTY IMAGES

play until the end. It wasn't a perfect match, you never see a perfect match, but the important thing was to win."

Madrid, trying to become the first team to win back-to-back Champions League titles since the tournament's new format went into effect in the 1992-93 season, avoided what would

have been only its second loss in 31 Champions League matches at home. It has won 27 times and drawn three at the Santiago Bernabeu Stadium.

Sporting was just a few minutes away from its first win in 11 matches in Spain in UEFA competitions.

Boosted by a loud visiting

+ RESULTS

■ **Man. City 4**, Borussia Mon. 0
 ■ Bayer Lev. 2, CSKA Mos. 2
 ■ Brugge 0, **Leicester 3**
 ■ FC Porto 1, FC Cope. 1
 ■ Juventus 0, Sevilla 0
 ■ Legia Warsaw 0,
Borussia Dortmund 6
 ■ **Lyon 3**, Dinamo Zagreb 0
 ■ **Real Madrid 2**, Sporting 1
 ■ Tottenham 1, **Monaco 2**

crowd, Sporting played well from the start, defending with efficiency and creating dangerous chances up front with well-timed counterattacks and accurate passing.

Bruno Cesar put the Portuguese side ahead only three minutes into the second half after Sergio Ramos and Luka Modric failed to clear, allowing the Brazilian midfielder to fire a left-footed shot into the far corner. THE ASSOCIATED PRESS

TEAM CANADA

B.C. cyclist's win sets off golden day

Canadian cyclist Tristen Chernove is at his best when he's sailing along at 40 kilometres an hour under the soothing heat of the sun.

Life is about as close as it can be to perfect.

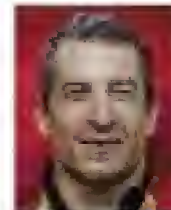
The 41-year-old from Powell River, B.C., roared to gold in the time trial on Wednesday, for his third medal of the Rio Paralympics, and one of five claimed by Canada's cycling team on the day.

And in the moments after the victory, Chernove talked about how para-cycling is helping him adapt to the ravages of Charcot-Marie-Tooth disease, and of that wonderful feeling of flying.

"It's totally freeing," Chernove said, with a wide grin. "Believe me, overcoming what some would consider limitations created by the disease is never on my mind. I'm just being an athlete. I'm just doing all I can."

Chernove raced to a time of 27 minutes 43.16 seconds to beat Ireland's Colin Lynch, who was second in the C2 category in 28:02.25.

The Canadian, who remarkably just joined the national team last year, also has a pair of medals from the track: a silver in



Tristen Chernove
GETTY IMAGES

the 3,000-metre individual pursuit, and bronze in the 1,000-metre time trial.

Chernove's win kicked off a spectacular day in the time trial for Canada. Ross Wilson of Sherwood Park, Alta., captured silver in the C1 category for his second medal in Rio, Charles Moreau of Victoriaville, Que., took bronze in the H3 class, Calgary's Michael Sametz took bronze in the men's C3 event, and Shelley Gautier of Niagara Falls, Ont., was third in the combined C1 and C2 race.

Chernove was a competitive paddler who took up cycling after being diagnosed with CMT, a degenerative disease that affects the peripheral nerves and causes the muscles to atrophy.

Cycling can't stop the degeneration of his lower legs and lower arms, Chernove said — it's the nature of the disease.

"I have to learn how to be OK with that," he said. "However, psychologically, to be fitter than I've been in my whole life feels wonderful." THE CANADIAN PRESS

CFL

Redblacks view Calgary visit as 'measuring stick'

The Ottawa Redblacks won't call it a defining game, but they know that how they handle the Calgary Stampeders will reveal a lot about themselves.

At 9-1-1 the Stampeders are the league's elite team and while

the Redblacks hold first place in the East Division this week's match-up will be a true test of its identity.

"It's a good measuring stick," said Ottawa head coach Rick Campbell. "These guys the last

time they didn't win was here, it was the tie here. We've got to go out there and give it our best shot to beat these guys. It's going to be tough regardless of what their record is, but sure it's a good measuring stick to

see where you're at when you're competing against the team with the best record in the league."

Ottawa (5-4-1) could have won the first meeting back on July 8, but settled for a 26-26 tie after fumbling on the one-yard line

with just over a minute remaining in regulation.

Since that game the Redblacks have had their share of struggles and will need to tighten up and play smart to have any hope of winning. THE CANADIAN PRESS



The Redblacks visit Calgary on Saturday. THE CANADIAN PRESS

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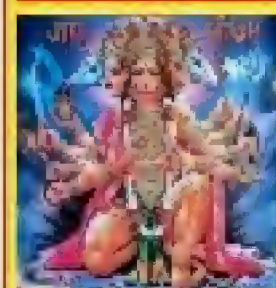


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8	1	4	6	9	2	5	7	3
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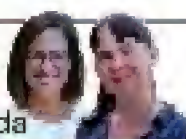
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RECIPE Fresh Tomato Spaghetti



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada



Scoop up all the local tomatoes you can find and make this quick and easy pasta dish.

Ready in 20 minutes

Prep time: 5 minutes

Cook time: 15 minutes

Serves 4

Ingredients

- 1/4 cup olive oil
- 2 cloves garlic, minced
- 500 g package of whole-wheat spaghetti
- 3 Tbsp red wine vinegar
- 2 cups fresh tomatoes, washed and chopped
- 1 head of arugula, washed and rough chopped
- Salt and pepper to taste

Directions

1. Put a big pot of well salted water on to boil.

2. In a sauté pan, bring the olive

oil to low-medium heat.

3. Add garlic and allow to cook but not brown — just a couple of minutes. Take the pan off the heat.

4. Cook pasta according to package instructions. Scoop out a cup of water before draining. The starchy water is a great way to loosen up a too-thick sauce, plus it adds a certain slickness to your pastas.

5. Drain noodles before tossing back in the pot. Add garlic-infused oil and vinegar and toss until all of the spaghetti is coated. Add tomatoes and toss again. Pour in cooking liquid, bit by bit, until your sauce is the desired consistency (you may not need much).

6. Throw in the arugula and give it another good mix so there are pieces of green throughout. Taste before adding a bit of salt and pepper.

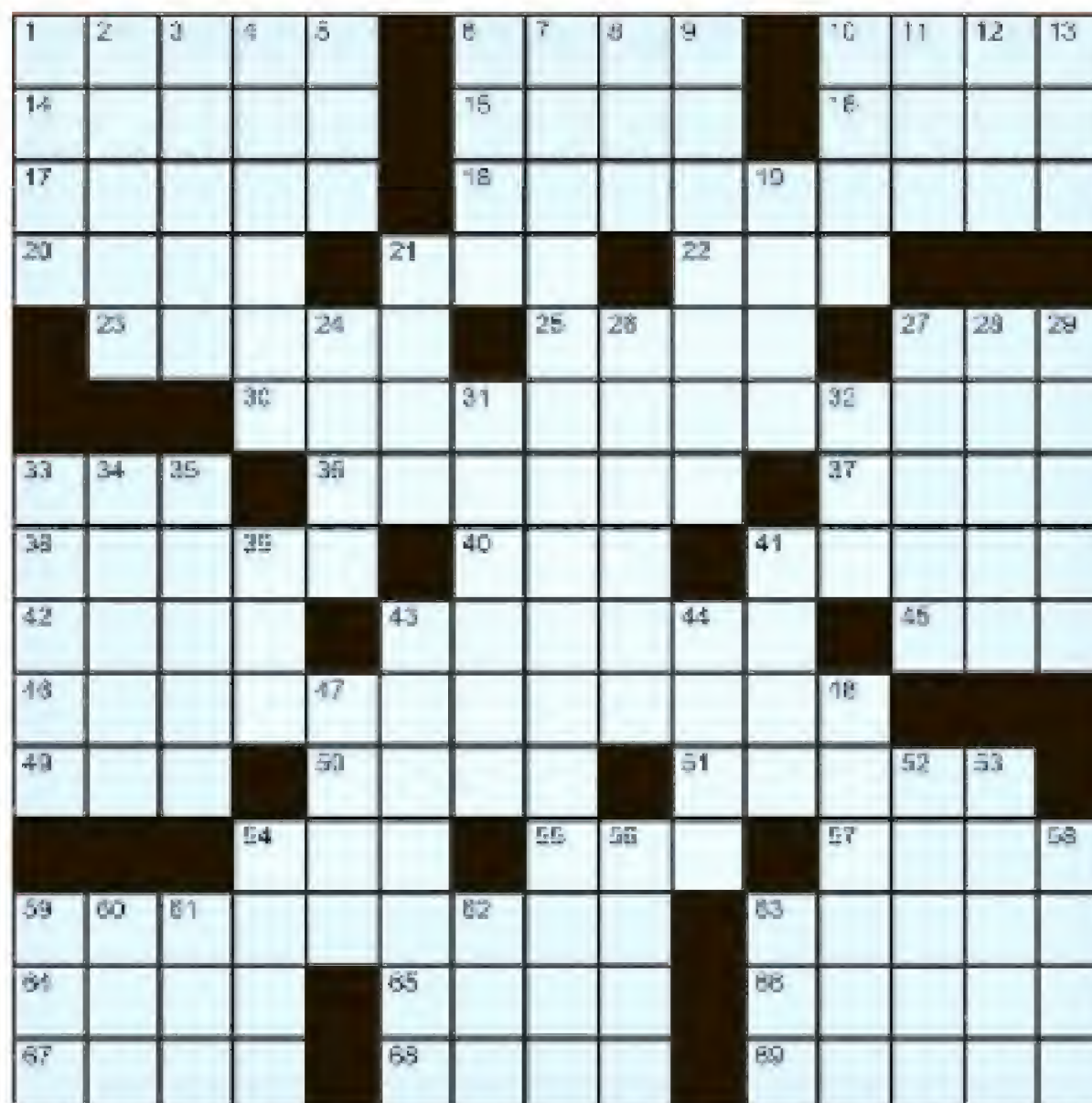
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Late
6. Transfixed
10. "Dami"
14. Daisy type
15. Length measure
16. Irving Bacheller novel, _ Holden
17. Naomi Watts 2013 biopic
18. NHL goaltending great from Carman, Manitoba: 2 wds.
20. " _ the Explorer"
21. 'Cent' add-on (Man/ horse creature)
22. Theory of Relativity brainiac ...his initials-sharers
23. Gladiator's 3,600
25. Eight, in Latin
27. Corn-eater's cast off
30. 1970s TV drama starring the Melfort, Saskatchewan born actor at #7-Down, " _ _ Counselor at Law"
33. "The X Files" actor ...his initials-sharers
36. Steal
37. Scandinavian story
38. Major upsets
40. 'Block' suffix
41. Faded jean areas
42. Take apart
43. Excoriate
45. AC/DC song
46. Vintage records purchaser's interest: 2 wds.
49. Swine spot
50. Mouth off
51. Clark _ (Jennifer Grey's actor hubby)
54. Cleveland NBA-er
55. Treasure Island author's monogram
57. Dismounted



59. Quebec City attraction, Le Chateau _
63. "Well done!"
64. Archaeological discovery
65. Actress Tara
66. Astronaut Neil Armstrong's middle name
67. Daughter, e.g., on

- a family tree
68. Lacking
69. Funny Canadian Mike

DOWN

1. "Hello It's Me" by _ Rundgren
2. Self-evident truth
3. Fortify once more
4. Bundle of energy
5. Posh positive
6. Andre _ (Dutch violinist/conductor)
7. Sci-Fi thriller of 1971

- starring Canadian actor Arthur Hill based on Michael Crichton's 1969 breakout novel, with The: 2 wds.
8. Banned pollutant, commonly
9. Stage star's site
10. Li'l word meanings
11. Blood-typing letters

12. Modern, in Germany
13. "Welcome to the Jungle" rock gr.
19. Zodiac's roarers
21. Banda _ (City in Sumatra in Indonesia)
24. ABC's ballroom show
26. Legendary talk show host Dick
27. Military trainee
28. Of the distant past
29. Explosion emanation!
31. B-vitamin family member
32. She-chicken
33. Plays like Neil Peart
34. Tim Hortons snack
35. Dishwater
39. You: French
41. Simple Minds singer Jim
43. Remington electric grooming products
44. Harleys, to bikers
47. 'Pluto' suffix
48. Medical checkup frequency
52. Open space in a wooded area
53. Bestower
54. "Squawk Box" network
56. Flat-screen TVs, e.g.
58. Weight units, US-style
59. Flower delivery co.
60. Kind of deer
61. Mantric syllables
62. PBS funding org.
63. Slamming noise!

*** IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

Aries March 21 - April 20
You might be doing a slow boil about something because silly errors at work make you impatient. Nevertheless, by sounding off, you will gain nothing, and you might make things worse!

Taurus April 21 - May 21
A discussion about shared property will meet with resistance from someone else today. This is a poor day to ask for a loan or mortgage or for a favour from someone.

Gemini May 22 - June 21
Relations with parents, bosses and authority figures will be challenging at some point today. That's why life might feel hard. "Nobody loves me." (Relax. This is a fleeting thing.)

Cancer June 22 - July 23
Teachers and anyone involved in medicine and the law might be difficult to deal with today. In fact, avoid subjects like politics, religion and racial issues, because they will be too difficult to discuss.

Leo July 24 - Aug. 23
If you are talking about loans, mortgages and shared property today, you will meet with obstacles. Someone in authority will not approve. Choose another day!

Virgo Aug. 24 - Sept. 23
Your relations with close friends and partners are difficult today, because there seems to be a lack of emotional flexibility. Someone might even be depressed. Don't take this personally.

Libra Sept. 24 - Oct. 23
This is not the day to ask your boss or a co-worker for help. Their response will be, "Talk to the hand." (Oops.)

Scorpio Oct. 24 - Nov. 22
Children might be an increased responsibility today. Just accept this because, hey, it goes with the territory. Don't try to change rules in sports today

Sagittarius Nov. 23 - Dec. 21
This is not the day to ask a parent or someone in a position of authority in the family for help. They will not be receptive. Just bide your time and wait for another day.

Capricorn Dec. 22 - Jan. 20
Everyone is a bit negative today. It's not just you. Don't take it personally and do not react.

Aquarius Jan. 21 - Feb. 19
This is a poor day for financial decisions because someone will block what you want to do. Choose another day. Timing is everything.

Pisces Feb. 20 - March 20
Today the Moon is opposite your sign and at odds with stern Saturn. That's why it is difficult to get along with others. (It's not just you.)

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

							2	7
		6		8	3	4		
	9		6			7		
	6	7	8	1	5	2	3	
		8			9		1	
		3	4	7		8		
5	1							

The hardest part is making the call.

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Sunridge | Downtown | Market Mall | Southcentre

Angela Lock
Licensed Insolvency Trustee



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OLYMPIA LIQUOR

COLD BEER & WINE

Prices are effective
Sept 15th - 19th

BACARDI WHITE RUM

750 mL

18⁹⁹



CANADIAN CLUB

750 mL

17⁹⁹



SILENT SAM VODKA

750 mL

16⁹⁹



BLARNEY'S IRISH CREAM

750 mL

12⁹⁹



APOTHIC RED

750 mL

10⁹⁹



ALAMOS RIDGE MALBEC

750 mL

9⁹⁹



COPPER MOON

SHIRAZ,
MALBEC, OR
SAUV. BLANC

750 mL

6⁹⁹
EACH



RUFFINO

DOCG CHIANTI
OR LUMINA
PINOT
GRIGIO

750 mL

8⁹⁹
EACH



WOODBIDGE MONDAVI

CABERNET SAUV.
OR SAUVIGNON
BLANC

750 mL

8⁹⁹
EACH

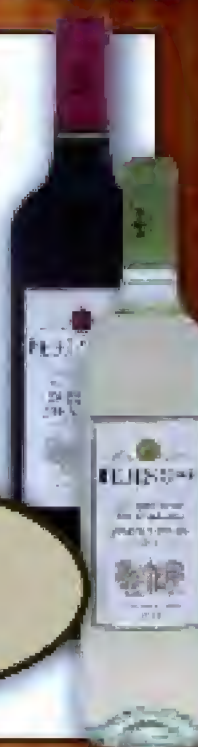


BERINGER CLASSICS

PINOT GRIGIO
OR CAB. SAUV.

750 mL

6⁹⁹
EACH



KOKANEE

24PK
CANS

37⁹⁹



CANADIAN

15PK
CANS

24⁹⁹



COORS LIGHT

15PK
CANS

24⁹⁹



BLACK ICE

24PK
CANS

24⁹⁹



LUCKY LAGER

15PK
CANS

17⁹⁹



MONDAY TO SATURDAY
10:00 AM - 10:00PM

SUNDAY & HOLIDAYS
10:00 AM - 7:00PM

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Instagram



Jason M
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CUP OF
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